

Body Heat

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Give Me Just One Night (Una Noche) - 98 Degrees



LEFT SHUFFLE FORWARD, ½ TURN LEFT, ½ TURN LEFT, LEFT SHUFFLE BACK

1&2 Shuffle forward left, right, left
3-4 Step forward right, turn ½ left (weight on right)
5-6 Touch left foot back, turn ½ left on ball of right foot (weight on right)
7&8 Shuffle back left, right, left

FULL TURN RIGHT, LEFT SHUFFLE FORWARD, RIGHT SHUFFLE FORWARD, ROCK STEP & ½ TURN LEFT

1-2 Step right foot back, turn a full turn right on ball of right foot (weight on right)
3&4 Shuffle forward left, right, left
5&6 Shuffle forward right, left, right
7&8 Rock forward left, recover right, turn ½ left while stepping left

SYNCOPATED LOW KICKS (RIGHT THEN LEFT), & RIGHT STEP INTO ¼ TURN LEFT, LEFT DRAG WITH WEIGHT, RIGHT SAILOR, LEFT SAILOR

1&2& Kick right, step right home, kick left, step left home,
3-4 Take a big step right with a ¼ turn left, drag left next to right (weight on left)
5&6 Step right behind left, step left foot to left, step right foot to right
7&8 Sep left behind right, step right foot to right, step left foot to left

MONTEREY WITH ½ TURN RIGHT, WALK RIGHT, WALK LEFT, FORWARD BODY ROLL

1-2 Touch right foot to right side, bring right home while turning ½ right (weight on right)
3-4 Touch left foot to left side, step left home
5-6 Walk forward right, walk forward left
7-8 Step forward on right while starting a forward body roll, finish body roll with weight on right

REPEAT

TAG

When using "Uno Noche", at end of 9th wall do a four count hold before starting 10th wall.