The Best Man



拍数: 48 墙数: 2 级数: Intermediate

编舞者: Samantha Dixon (AUS) & Kelvin Dale (AUS)

音乐: The Best Man - Blaine Larsen



In memory of my father, Kevin Thomas Dale (8/2/35 - 1/12/06)

ROCK RIGHT, RECOVER, &, ROCK LEFT, RECOVER, & (OPTION- ROCK RIGHT, RECOVER, ½ LEFT, ½ LEFT RECOVER, &)

1-2&3-4& Rock right to side, recover to left, step right beside left, rock left to side, recover to right, step left beside right

(Option - recover counts &3 with: turning ½ turn left side right to side, turning ½ turn left step left to side)

SYNCOPATED RIGHT VINE - SIDE, BEHIND, SIDE, IN FRONT, SIDE ROCK, RECOVER, &

5&6&7-8& Step right to side, cross left behind right, step right to side, cross left over right, rock right to side, recover to left, step right beside left

DIAGONAL ROCK LEFT, BACK, ½ LEFT, CROSS/ROCK RIGHT, RECOVER, &

1-2&3-4& Rock left diagonally forward, recover to right, turn ½ left and step left beside right, rock right over left, recover to left, step right to side

CROSS, 1/4, 1/2, STEP RIGHT, SHUFFLE BACK LEFT

5&6&7&8 Step left over right, turn ¼ left and step right back, turn ½ left and step left forward, step right beside left, shuffle back stepping left, right, left

SWEEP BACK, SWEEP BACK, TOUCH, ½ TURN, BACK

1-2-3&4 Rondé right from front to back and step right back, rondé left from front to back and step left back, touch right back, turn ½ right (weight on left), step right back

SWEEP BACK, SWEEP BACK, TOUCH, ½ TURN, BACK, HOOK

5-6-7&8& Rondé left from front to back and step left back, rondé right from front to back and step right back, touch left back, turn ½ left (weight on right), step left back, hook right across left

ROCK, RECOVER, 1/2, ROCK, RECOVER, 1/4

1-2&3-4& Rock right forward, recover to left, turn ½ right and step right beside left, rock left forward, recover to right, turn ¼ left and step left to side

STEP RIGHT FORWARD, ½ LEFT, TRAVELING BACK STEP ½ RIGHT, ½ RIGHT, ½ RIGHT, &

5-6-7&8& Step right forward, turn ½ left (weight to left), turn ½ right and step right forward, turn ½ right and step left back, turn ½ right and step right forward, step left beside right

STEP RIGHT BACK, STEP LEFT ACROSS RIGHT, STEP RIGHT BACK, STEP LEFT BACK, STEP RIGHT ACROSS LEFT, STEP LEFT BACK

1-2&3-4& Step right diagonally back, slide/step left across right, step right back, step left diagonally back, slide/step right across left, step left back

RIGHT COASTER FORWARD, &, STEP RIGHT FORWARD, ½

Step right forward, step left beside right, step right back, step left beside right, step right forward, turn ½ left (weight to left)

STEP RIGHT BACK, STEP LEFT ACROSS RIGHT, STEP RIGHT BACK, STEP LEFT BACK, STEP RIGHT ACROSS LEFT, STEP LEFT BACK

1-2&3-4& Step right diagonally back, slide/step left across right, step right back, step left diagonally back, slide/step right across left, step left back

RIGHT COASTER FORWARD, &, SIDE ROCK, RECOVER, FLICK

5&6&7-8&

Step right forward, step left beside right, step right back, step left beside right, rock right to side, recover to left, flick right behind left

REPEAT

RESTART

During the second wall, after count 40, restart from count 1