Best Of Friends (P)

Position: Couples in sweetheart position, facing LOD around the room

ROCK-STEP, SHUFFLE BACK, ROCK-STEP SHUFFLE FORWARD

1-2	Rock forward onto left foot, rock backward onto right foot
3&4	Left foot shuffle backward (left, right, left)
5-6	Rock backward onto right foot, rock forward onto left foot
7&8	Right foot shuffle forward (right, left, right)

HALF-TURN, SHUFFLE, HALF-TURN, SHUFFLE

1-2	Step left foot forward & turn ½ right, step right foot in place
3&4	Left foot shuffle forward (left, right, left)
5-6	Step right foot forward & turn ½ left, step left foot in place
7&8	Right foot shuffle forward (right, left, right)

SWAY-2-3-4, SWAY-2-3-4

1	Step left foot forward turning ¼ right to face out & sway hips left
2-3-4	Sway hips right, left, right
5	Step left foot back & sway hips left
6-7-8	Sway hips right, left, right

STEP-SCUFF FORWARD 4X

1-2	Step left foot forward turning ¼ left to face to the left, scuff right foot
3-4	Step right foot forward, scuff left foot
5-6	Step left foot forward, scuff right foot
7-8	Step right foot forward, scuff left foot

WALK, WALK, SHUFFLE, WALK, WALK, SHUFFLE

1-2	Step forward left foot, right foot
3&4	Left foot shuffle forward (left, right, left)
5-6	Step forward right foot, left foot
7&8	Right foot shuffle forward (right, left, right)

REPEAT