

A Better Woman

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Lu Olsen (AUS)
音乐: A Better Woman - Beccy Cole



RIGHT DOROTHY, LEFT DOROTHY, ROCK FORWARD, BACK, $\frac{3}{4}$ RIGHT SHUFFLE TURN

1-2& Right to right forward diagonal, lock left behind right, right to right forward diagonal
3-4& Left to left forward diagonal, lock right behind left, left to left forward diagonal
5-6 Rock right forward, left back
7&8 $\frac{3}{4}$ right shuffle turn (right, left, right) 9:00

EXTENDED CROSS SHUFFLE TRAVELING BACK AT RIGHT DIAGONAL, $\frac{1}{4}$ TURN SLIGHTLY BACK, SIDE, CROSS SAMBA, CROSS SAMBA

1&2&3 Cross left over right, right back at right diagonal, cross left over right, right back at right diagonal, cross left over right
&4 $\frac{1}{4}$ left turn and step right slightly back, left to left
5&6-7&8 (Cross sambas) right over left, left to left, right to right, left over right, right to right, left to left, 6:00

BESIDE, CROSS, UNWIND, KICK BALL CHANGE, LOCK SHUFFLE FORWARD, BACK, $\frac{1}{2}$ TURN FORWARD, FORWARD

&1-2 Right beside left, cross left over right, $\frac{1}{2}$ right unwind (weight on left)
3&4 Kick right forward, right beside left, left forward ##

This is end of wall 7

5&6 Right forward, lock left behind right, right forward
7&8 Step left back, $\frac{1}{2}$ right turn step right forward, left forward

End wall 6

DIAGONAL LOCK FORWARD, LEFT SIDE & DRAG, BACK, IN PLACE, FORWARD, SWAY HIP $\frac{1}{4}$ TURN, RIGHT BESIDE LEFT, SIDE SHUFFLE

1&2 Right to right forward diagonal, lock left behind right, right to right forward diagonal
3-4& Left to left side and drag right towards left, slightly step back on right, left in place
5-6 Right forward, sway left hip into a $\frac{1}{4}$ left turn (weight on left)
&7&8 Right beside left, left side shuffle = left, right, left. 3:00

REPEAT

TAG

On wall 3, dance to end and repeat last eight counts. Wall 4 starts at 6:00

RESTART

On wall 6, dance to count 24, then start wall 7 at 6:00

On wall 7, dance to count 20, then add:

21-22 Right to right, left to left

Then start wall 8 at 6:00

ENDING

(WALL 9) RIGHT DOROTHY WITH $\frac{1}{4}$ TURN, LEFT DOROTHY, FORWARD

1-2& Right to right forward diagonal, lock left behind right, $\frac{1}{4}$ right turn right to right forward diagonal
3-4&5 Left to left forward diagonal, lock right behind left, left to left forward diagonal, right forward