# **Bhangra Knights**



拍数: 32 墙数: 4 级数: Intermediate

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音乐: Bhangra Knights vs. Husan - Husan



#### ROCK, SAILOR, CROSS ROCK, 1/4 TURN, 1/4 TURN WITH POINT

1-2 Rock right to right, recover on left

3&4 Step right behind left, step left to left, step right to right

5-6 Rock left across right, recover on right

7-8 Making ¼ turn left step left forward, making ¼ turn left point right to right

## CROSS ROCK, SIDE, TOGETHER, BACK, DRAG, KICK-BALL-STEP

9-10 Angling body towards left diagonal rock forward on right, recover on left

Angling body towards right diagonal step right large step right, step left beside right Still angling towards right diagonal step right large step back, drag left towards right

&15&16 Quick step left beside right and straighten up to wall (6:00), kick right across left, step right in

place, step left forward

#### HITCH, 1/4 TURN, HITCH, DIP, HIP BUMPS, HITCH-BACK-BACK

17-18 Hitch right knee, keeping weight on left make ¼ turn right and hitch right knee

19-20 Step right large step to right side bending knees, drag left beside right straightening knees

21-22 Bump hips left, bump hips right

During counts 19-22, hands are palm to palm ('prayer' position) in front of chest. On hip bumps move hands slightly to left and then slightly to right to mirror hip movements.

&23 Transfer weight to left, small hitch with right knee

&24 Step right back, step left back

### ROCK, STEP, 1/2 TURN WITH HITCH, SIDE, DRAG, STEP, DIAGONAL ROCK, STEP

25-26 Rock back on right, recover forward on left

27-28 Step right forward, make ½ turn left and hitch left knee

29-30 Step left large step left, drag right towards left

&31-32& Step right beside left, rock left diagonally back left, recover weight forward on right, step left

beside right

#### **REPEAT**