

Be Somebody

COPPER KNOB
STEPSHETS

拍数: 48 墙数: 4 级数: Improver west coast swing
编舞者: Slap Leggers & Joyce Warren (USA)
音乐: Get Drunk and Be Somebody - Toby Keith



POINT, STEP FORWARD 4X

- 1-2-3-4 Point right toe to right side, step in front of left foot on right foot, point left toe to left side, step in front of right foot on left foot
- 5-6-7-8 Point right toe to right side, step in front of left foot on right foot, point left toe to left side, step in front of right foot on left foot

Option:

- 1&2-3&4 Rock right on right foot, in place on left foot, step forward on right foot, rock left on left foot, in place on right foot, step forward on left foot
- 5&6-7&8 Rock right on right foot, in place on left foot, step forward on right foot, rock left on left foot, in place on right foot, step forward on left foot

KICK RIGHT TWICE, TRIPLE BACK, KICK LEFT TWICE, TRIPLE BACK

- 9-10-11&12 Kick right foot forward twice - move back on right foot, left foot, right foot
- 13-14-15&16 Kick left foot forward twice - move back on left foot, right foot, left foot

MONTEREY TURN ¼ RIGHT, MONTEREY TURN ½ RIGHT

- 17-18-19-20 Point right toe to right side, slide right foot behind the left foot to ¼ turn right, point left toe to left side, step next to right foot on left foot
- 21-22-23-24 Point right toe to right side, slide right foot behind the left foot to ½ turn right, point left toe to left side, step next to right foot on left foot

WEST COAST WALK, RIGHT SAILOR SHUFFLE, LEFT SAILOR SHUFFLE

- 25-26-27-28 Walk forward on right foot, walk forward on left foot, tap right toe behind left foot, step back on right foot
- 29&30-31&32 Step left foot behind right foot, step next to left foot on right foot, step left to left foot, step right foot behind left foot, step next to right foot on left foot, step right on right foot

WIGGLE WALKS FORWARD 4X

- 33&34-35&36 Step forward on left foot and bump hip left, right, left - step forward on right foot and bump hip right, left, right
- 37&38-39&40 Step forward on left foot and bump hip left, right, left - step forward on right foot and bump hip right, left, right

TOE STRUT BACK & SNAP RIGHT FINGERS 3X, KICK BALL CHANGE

- 41-42-43-44 Touch left toe back, step back with weight on left foot (snap fingers), touch right toe back, step back with weight on right foot (snap fingers)
- 45-46-47&48 Touch left toe back, step back with weight on left foot (snap fingers), kick right foot forward, step on ball of right foot, step in place on left foot

REPEAT

TAG

After wall 3, the song changes into a fast waltz break, so you can dance the following steps 7 times:

- 1-2-3 Step right on right foot, step left foot next to right foot, step right foot in place
- 4-5-6 Step left on left foot, step right foot next to left foot, step left foot in place

You can alternate side-to-side or forward or back -be sure to do the six counts 7 times

- 7-8-9-10 Walk forward on right foot, walk forward on left foot, walk forward on right foot, kick left foot
- 11-12-13 Walk back on left foot, walk back on right foot, walk back on left foot

Begin the 48 count dance for 2 more repetitions
