# **Beautiful Lady**



拍数: 64 墙数: 4 级数: Improver

编舞者: Judith Campbell (NZ)

音乐: Beautiful Lady - Marie Haslemore



# SIDE ROCK RECOVER, CROSS BEHIND, TOE HEEL: (TWICE)

Side rock to right, recover onto left, cross right behind left with a toe heel strut
 Side rock to left, recover onto right, cross left behind right with a toe heel strut

# ROCK BACK /FORWARD, SHUFFLE FORWARD, TOE HEEL STRUT FORWARD, SHUFFLE FORWARD:

1-2 Rock back on right, rock forward onto left

3&4 Shuffle forward on right
5-6 Toe heel strut forward on left
7&8 Shuffle forward on right

#### SIDE ROCK RECOVER, CROSS OVER, WITH TOE HEEL STRUT: (TWICE)

1-4 Side rock to left, recover onto right, cross left over in front of right with a toe heel strut 5-8 Side rock to right, recover onto left, cross right over in front of left with a toe heel strut

#### 1/4 TURN RIGHT, STEP BACK, HEEL, TOGETHER, STEP FORWARD, SIDE STRUTS:

1-4 Turning ¼ right, step back on left, place right heel forward, bring right foot in next to left, step

left forward

5-8 Step right on toe to right, lower right heel, step left across right on toe, lower left heel, (side

struts)

### SIDE ROCK RECOVER, CROSS, HOLD, ½ PIVOT, SHUFFLE FORWARD: (TWICE)

1-4 Side rock to right, recover onto left, cross right over in front of left, hold

5-6 Step forward on left, ½ pivot to right 7&8 Shuffle forward on left (left-right-left)

1-4 Side rock to right, recover onto left, cross right over left, hold

5-6 Step forward on left, ½ pivot to right 7&8 Shuffle forward on left (left-right-left)

#### **FULL ROLL TO RIGHT & LEFT**

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3-4 Turning ¼ to right, step right to right side, tap left next to right and clap

5-6 Turning  $\frac{1}{4}$  to left, step forward on left foot, turning  $\frac{1}{2}$  to left, stepping back on right

7-8 Turning ¼ to left, step left to left side, tap right next to left and clap

# 2 WALKS BACK, COASTER STEP, 2 WALKS FORWARD, SWIVEL, SWIVEL:

1-2 Two walks back (right and left)

3&4 Coaster step, (step right back, step left next to right, step forward on right)

5-6 2 walks forward (left, right)

Swing both heels to right side turning the body ¼ to left
 Swing both heels back in place turning body ¼ to right

#### **REPEAT**

At the end of music cross left over right and unwind to face the front