

Beer Run

拍数: 64 墙数: 2 级数: Improver
编舞者: Michele Russell (USA)
音乐: Beer Run - Garth Brooks & George Jones



LINDY SHUFFLE & ROCK STEP

- 1 Step right to right side
- &2 Quickly step left next to right, step right to right
- 3-4 Rock left behind right, recover right
- 5 Step left to left side
- &6 Quickly step right next to left, step left to left side
- 7-8 Rock right behind left, recover left

TWO SHUFFLES, PIVOT ½ TURN & REPEAT

- 9 Step forward right
- &10 Quickly step left up to right, step forward right
- 10 Step forward left
- &12 Quickly step right up to left, step forward left
- 13-14 Step forward right, pivot ½ turn left, step left forward
- 15-20 Repeat steps 9-14

JAZZ BOX

- 21-22 Cross right over left, step back on left
- 23-24 Step right next to left, step left next to right

SHUFFLE FORWARD 1:00, SHUFFLE BACK 5:00, COASTER STEP

- 25 Step forward right toward 1:00, or 1/8 turn right
- &26 Step left quickly up to right step right forward, staying at 1:00
- 27 Step forward left
- &28 Quickly step right up to left, step left forward
- 29 Step back right facing 5:00
- &30 Quickly step left back next to right, step back right, staying at 5:00
- 31 Step back left
- &32 Step right back next to left, step forward left

JAZZ BOX WITH 1/8 TURN RIGHT

- 33-34 Cross right over left, step back on left
- 35-36 Step right to right side turning 1/8 turn right, step left next to right
- You should now be facing 6:00, or ½ turn from beginning the dance**
- 37-48 Repeat steps 25-36
- You should be back to 1st wall you started with**

2 MONTEREY TURNS

- 49 Touch right to right side with weight on left
- 50 Pivot ½ turn right, transfer weight to right when completed
- 51 Touch left to left side
- 52 Step left next to right
- 53-56 Repeat steps 49-52

HEEL JACKS & TWIST, ¼ TURN LEFT

- &57 Step back on right at 45 degree angle, extend left heel forward

&58 Quickly step left next to right, quickly step right next to left as you turn $\frac{1}{4}$ turn left
59-60 Twist both heels to right, twist both heels to home position
For a challenge, twists both heels right, then left, then home! 59&60
61-64 Repeat steps &57-60

REPEAT
