Back In Old Cheyenne

拍数: 64　　　　**墙数:** 4　　　　**级数:** Improver

编舞者: Lindy Bowers (USA) & Sandy Albano (USA)

音乐: Old Cheyanne - Joe Nichols

SHUFFLE (LINDY), ROCK BACK RECOVER (USE SAMBA HIPS) TWICE

1-4　　　　Shuffle right-left-right (down line of dance), rock back on left, recover right

5-8　　　　Shuffle left-right-left (down line of dance), rock back on right, recover left

RIGHT STEP, LOCK, STEP, SCUFF; LEFT STEP, LOCK, STEP, SCUFF

9-12　　　　Step forward. On right, lock left behind right, step forward. Right, scuff left

13-16　　　　Step forward. On left, lock right behind left, step forward. Left, scuff right

CROSS, STEP BACK, STEP BACK, CROSS, STEP BACK, ¼ TURN LEFT. TOUCH

17-20　　　　Cross right over left, step back on left; step back on right, cross left over right

21-24　　　　Step back on right, turn ¼ turn to left -(on left), touch right toe to left instep, hold

SHUFFLE FORWARD, ROCK, RECOVER, SHUFFLE BACK, ROCK, RECOVER

25-28　　　　Shuffle forward. (right-left-right), rock forward on left, recover onto right

29-32　　　　Shuffle back (left-right-left), rock back on right, recover onto left

LEFT ¼ TURN INTO A RIGHT WEAVING 8-CT GRAPEVINE

33-40　　　　Turn ¼ turn left stepping on the right, step left behind right, step right to right, step left across right, step right to right, step left behind right, step right to right, touch left toe to right instep

LEFT ¼ TURN, POINT, CROSS, POINT, JAZZ BOX WITH ¼ TURN, TOUCH

41-44　　　　Step left foot to a ¼ turn left, point right toe to right, cross right over left, point left

45-48　　　　Cross left over right, step back and ¼ turn left onto right, step left to left, touch right

SHUFFLE RIGHT, CROSS UNWIND, SHUFFLE LEFT, CROSS UNWIND

49-52　　　　Shuffle right (lindy) right-left-right, cross left over right, unwind a full turn right

53-56　　　　Shuffle left (lindy) left-right-left, cross right over left, unwind a ¾ turn left

STEP, TOUCH, MAMBO STEP, MAMBO STEP, STEP, TOUCH

57-60　　　　Step forward. Right, touch left toe to right instep, mambo forward

61-64　　　　Mambo back on right; step forward. Left, touch right toe to left instep

REPEAT

TAG
On walls 2 and 6 (last wall), repeat the last 8 count (mambos). This will add an extra 8 counts to these walls

RESTART
On wall 5, restart from the beginning after 32 counts