Back Seat Boogie

拍数: 64

级数: Improver

编舞者: Noel Castle (AUS)

音乐: Back Seat Boogie - Dave Sheriff

KICK-BALL-CHANGE ¼ PIVOT (3 TIMES), HIP BUMPS

1&2 Kick right forward, step ball of right home, recover onto left

墙数: 4

- 3-4 Step ball of right forward, pivot ¼ turn left (weight left)
- 5&6 Kick right forward, step ball of right home, recover onto left
- 7-8 Step ball of right forward, pivot ¼ turn left (weight left)
- 9&10 Kick right forward, step ball of right home, recover onto left
- 11-12 Step ball of right forward, pivot ¼ turn left (weight left)
- 13-16 Bump hips right, left, right, left

SHUFFLE BACK, SHUFFLE ½ TURN, SHUFFLE FORWARD, ROCK, RECOVER

- 17&18 Shuffle backwards right, left, right
- 19&20 Shuffle making ½ turn left (left, right, left)
- 21&22 Shuffle forward right, left, right
- 23-24 Rock forward left, recover back right

SHUFFLE BACK, SHUFFLE ½ TURN, SHUFFLE FORWARD, ROCK, RECOVER

- 25&26 Shuffle backwards left, right, left
- 27&28 Shuffle making ½ turn right (right, left, right)
- 29&30 Shuffle forward left, right, left
- 31-32 Rock forward right, recover back left

SIDE, BEHIND, SIDE, BEHIND, SIDE, KICK, KICK, KICK

- 33-34 Step right side, cross/step left behind right
- 35-36 Step right side, cross/step left behind right
- 37-40 Step right side, kick left to left diagonal 3 times

SIDE, BEHIND, SIDE, BEHIND, SIDE, KICK, KICK, KICK

- 41-42 Step left side, cross/step right behind left
- 43-44 Step left side, cross/step right behind left
- 45-48 Step left side, kick right to right diagonal 3 times

TOE-HEEL STRUTS BACK

- 49-52 Step right toe back, drop right heel, step left toe back, drop left heel
- 53-56 Step right toe back, drop right heel, step left toe back, drop left heel

POINT, HOLD, SWITCH/POINT, HOLD, SWITCH/POINT, HOLD, KNEE POPS

- 57-58 Point/touch right toe side, hold
- &59-60 Step quickly home right and point/touch left toe side, hold
- &61-62 Step quickly home left and point/touch right toe side, hold
- 63-64 Pop right knee in toward left knee 2 times

REPEAT

On diagonal kicks (38-40 and 46-48), lean away from kicking foot and "flick" hands to sides about waist high (imagine shaking water off your fingertips).

