

Bad Day Blues

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数:
编舞者: Loose Boots
音乐: Such A Good Time - The Dean Brothers



Start with right leg slightly forward

1& Push right hip out, back to center on the & beat
2&3&4 Repeat 1&

LEFT FOOT KICK-BALL-CHANGE, STEP, SCUFF, TURN & STOMP

5&6 Kick left foot forward then down on ball of left foot, lift & replace right foot
& Step left in place
7 Scuff right foot through
& Hitch right knee and turn $\frac{1}{4}$ left
8 Stomp right next to left
9-12 Repeat steps 5-8

STEP FORWARD, FLICK AND STOMP, STOMP

13-14 Stepping forward stomp left, stepping forward stomp right
15 Flick left to left side (wiping left foot with left hand)
&16 Stomp left foot back in place

ROLLING VINE TO LEFT, STEP RIGHT, STEP LEFT

17-19 Step left to left side starting to turn to the left, then step on right, then left completing a full turn
&20 Stomp right, stomp left

ROLLING VINE TO RIGHT, STEP LEFT, TOUCH RIGHT

21-23 Step right foot to right side turning to the right, then step on left, then right completing a full turn
&24 Stomp left foot, touch right foot

TWO RIGHT HEEL DIGS, CROSS, HEEL DIG, STEP BACK

25-26 Touch right heel forward twice
27&28 Cross right heel in front of left shin, touch right heel forward, step right foot back slightly diagonal

SHUNTS AND SWIVELS

29-31 Weight on both toes start making a $\frac{1}{4}$ turn right by gently swiveling both heels to the left making small shunting movement on each beat (body is moving to the right)
&32 Swivel both heels right on &, then back to center (keep right leg slightly forward ready to start again)

REPEAT