

Bad Moon Risin'

拍数: 64 墙数: 4 级数: Improver
编舞者: Bob Sykes (AUS)
音乐: Bad Moon Rising - Creedence Clearwater Revival



VINE RIGHT, TOUCH LEFT FORWARD, RIGHT FORWARD, LEFT FORWARD WITH CLAPS (MOVING BACK)

Clap as you touch heels forward

- 1-4 Vine right, touch left heel forward
5-8 Step left back, touch right heel forward, step right back, touch left heel forward

VINE LEFT, TOUCH RIGHT FORWARD, LEFT FORWARD, RIGHT FORWARD WITH CLAPS (MOVING FORWARD)

Clap as you touch heels forward

- 9-12 Vine left, touch right heel forward
13-16 Step right forward, touch left heel forward, step left forward, touch right heel forward

CHARLSTON STEP, STEP LEFT FORWARD, TOUCH RIGHT HEEL FORWARD, RIGHT TO SIDE, SLAP, RIGHT TO SIDE, HITCH, TURN ¼ turn LEFT

- 17-20 Step right back, touch left toe back, step left forward, touch right heel forward (Charleston)
21-22 Touch right toe to side, lift behind left knee & slap right heel with left hand
23-24 Touch right toe to side, hitch right knee across left leg, turning ¼ turn left on ball of left foot

HIP BUMPS

- 25-28 Step forward onto right bumping hips right, right, left, left
29-32 Bump hips right, left, right, left

This ends the beginner's section. Add the following 32 beats for intermediate level. It doesn't make the dance any harder, just longer.

TOE TOUCHES WITH HEEL STOMPS, SHUFFLE BACK

- 33-34 Touch right toe forward lifting left heel, drop stomp left heel to floor
35-36 Touch right toe back lifting left heel, drop stomp left heel to floor
37-38 Touch right toe forward lifting left heel, drop stomp left heel to floor
39&40 Shuffle back right, left, right

TOE TOUCHES WITH HEEL STOMPS, SHUFFLE FORWARD

- 41-42 Touch left toe back lifting right heel, drop stomp right heel to floor
43-44 Touch left toe forward lifting right heel, drop stomp right heel to floor
45-46 Touch left toe back lifting right heel, drop stomp right heel to floor
47&48 Shuffle forward left, right, left

STEP, PIVOT ½ turn LEFT, SHUFFLE, STEP, PIVOT ½ turn RIGHT, SHUFFLE

- 49-50 Step right forward, pivot ½ turn left
51&52 Shuffle forward right, left, right
53-54 Step left forward, pivot ½ turn right
55&56 Shuffle forward left, right, left

BEAR WALK FORWARD WITH SHOULDER SHIMMIES

- 57-58 Stomp right forward shimmying twice
59-60 Stomp left forward shimmying twice
62-62 Stomp right forward shimmying twice
63-64 Stomp left forward shimmying twice

REPEAT
