B & C Shuffle (P)



编舞者: Bernice Caddick & Colin Caddick

音乐: Unknown



Position: Sweetheart Position

1-4	Grapevine right, step left beside right.
5-8	Jazz box (step right over left, step back on left, step right to side, touch left beside right)
9-12	Grapevine left, step right beside left.
13-16	Jazz box (step left over right, step back on right, step left to side, touch right beside left.
17-18	Rock forward on right, step left in place.
19-20	Rock back on right, step left in place.
21-22	Step forward right, drop left hand & pivot $\frac{1}{2}$ turn left, pick up left hand & drop right hand, rejoin right hand in front.

Now in Reverse Sweetheart Position

23-26	Shuffle forward right-left-right, then left-right-left.
27-42	Repeat steps 1-16.
43-44	Step forward right, pivot ½ turn to left, bringing you back to LOD (do not let go of hands).
45-48	Shuffle forward right-left-right, then left-right-left.
49-50	Stomp right beside left twice. (weight on right)
51-52	Step forward left turning $\frac{1}{4}$ to left (lift right & drop left hands). Step right to side turning $\frac{1}{4}$ to left (pick up left hands & raise above heads, at the same time bringing right hands down, let go of right hands).
53-54	Step back left turning ¼ to left (rejoin right hands & outstretch both arms level to shoulders). Step right beside left still turning ¼ to left (return to sweetheart position).
55-58	Twist heels to right, center, left, center.
59-61	Step right to side making ¼ turn to face outside LOD (man should now be behind lady), hitch left, step left to side.
62-64	Step right behind left, step left to side making ¼ turn to left back into LOD, hitch right.
65-68	Shuffle forward right-left-right, then left-right-left.
69-72	Right kick ball change twice.

REPEAT