

# Bang!

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Phil Austin (UK)  
音乐: She Bangs - Ricky Martin



## **& JUMP, CLAP, BACK-LOCK-BACK, SIDE, ROCK, RECOVER, ¼ TURN**

&1-2      Jump right foot forward, jump left foot together, clap hands (weight on right foot)  
3&4      Step back left foot, cross right foot over left, step back left foot  
5-6      Step right foot to right side, cross rock left foot over right  
7-8      Recover weight onto right foot, step left foot to left side with ¼ turn left

## **STEP, LOCK, STEP-LOCK-STEP, CROSS, SWEEP, CROSS, BACK, STEP**

1-2      Step forward right foot, lock left foot behind right foot  
3&4      Step right foot forward, lock left foot behind right foot, step right foot forward  
5-6      Cross left foot over right foot, sweep right foot round to front of left foot  
7&8      Cross step right over left foot, step back on left foot, step right foot next to left foot

## **STEP ½ PIVOT, STEP, FLICK, STEP ½ PIVOT, STEP, FLICK**

1-2      Step forward left foot, pivot ½ turn over right shoulder  
3-4      Step forward left foot, flick right foot behind left foot and click fingers above head  
5-6      Step forward right foot, pivot ½ turn over left shoulder  
7-8      Step forward right foot, flick left foot behind right foot and click fingers above head

## **STEP, BUMP, HOLD BUMP, HOLD, BUMP, BUMP, BUMP TOUCH**

1-2      Step left foot shoulder width apart from right foot, bump hips to left  
3-4      Hold, bump hips to right  
5-6      Hold, bump hips to left  
7-8      Bump hips to right, bump hips to left and touch right toe next to left foot

## **SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, SIDE SHUFFLE**

1-2      Rock right foot to right side, recover weight onto left foot  
3&4      Cross right foot over left foot, step left foot next to right foot, cross right foot over left foot  
5-6      Rock left foot to left side, recover weight onto right foot  
7&8      Step left foot to left side, step right foot next to left foot, step left foot to left side

## **BACK SHOULDER ROLL TWICE, COASTER STEP, STEP ½ TURN**

1-2      Step back on right foot, roll right shoulder backwards

**This can be turned into a body roll with practice!**

3-4      Step back on left foot, roll left shoulder backwards

**This can also be turned into a body roll!**

5&6      Step back right foot, step left foot next to right foot, step forward right foot

7-8      Step forward left foot, pivot ½ turn over right shoulder

## **POINT, HOLD, POINT, HOLD, SYNCOPATED POINTS, ¼ TURN**

1-2      Point left toe to left side, hold

&3-4      Step left foot next to right, point right toe to right side, hold

&5&6      Step right foot next to left, point left toe to left side, step left foot next to right, point right toe to right side

&7-8      Step right foot next to left, point left foot to left side, pivot ¼ turn to left placing weight on left

## **ROCK, RECOVER, ½ TURN SHUFFLE, ROCK, RECOVER, MAMBO STEP**

1-2      Rock right foot forward, recover weight onto left foot

3&4	Make a ½ turn over right shoulder stepping right, left, right
5-6	Rock forward left foot, recover weight onto right foot
7&8	Rock back on left foot, recover weight onto right foot, step left foot next to right foot

#### **REPEAT**

This dance is supposed to be done with attitude, so emphasize the bumps and the shoulder rolls.

#### **RESTART**

The restart comes on the third wall only. After counts 33-40, start again.

#### **TAG 1**

At the end of the sixth wall, repeat steps 57-64.

#### **TAG 2**

On the seventh wall, after steps 25-32, roll hips for four counts. You can also hear this in the music!

---