

Basha

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Michele Perron (CAN)
音乐: Cruising for Bruising - Basia



(48 Count Introduction) CW Rotation,
Country Alternate: "Stayin' In Love" by The Bellamy Bros.

SEC.I (1-9) SIDE, FORWARD, RECOVER, CHA CHA BACK, SWEEP, BACK, SIDE, CHA CHA FORWARD

- 1,2,3 RIGHT Step to side R; LEFT Rock/Step forward: Right Recover/Step back
4&5 LEFT Cha Cha back (L back, R beside, L back)
6,7,& RIGHT Rondé (Sweep) from front to back, RIGHT Toe/Ball/Step crossed behind, LEFT Step to side L
8&1 RIGHT Cha Cha forward (R forward, L beside, R forward)

SEC.II (10-17) SWEEP, ACROSS, SIDE, CHA CHA TURN, PRESS, RECOVER, PRESS, KICK

- 2,3,& LEFT Rondé (Sweep) from back to front; LEFT Toe/Ball/ Step across front of R; RIGHT Step to side R
4&5 Turn 1/2 L with LEFT Cha Cha (L with 1/4 Turn L, R beside, L with 1/4 Turn L) (6 o'clock)
6,7 RIGHT Toe/Ball Press/forward; LEFT Recover/Step back
8,1 RIGHT Toe/Ball Press forward; LEFT Recover/Step back with R kick forward

SEC.III (18-25) TURN, TURN, CHA CHA FORWARD, FORWARD, PIVOT/TURN

- 2 Turn 1/4 L with R Step behind L
3 Turn 1/4 L with LEFT Step forward (12 o'clock)
4&5 RIGHT Cha Cha forward (R forward, L beside, R forward)
6,7 LEFT Step forward; Turn 1/4 R with RIGHT Step side R (3 o'clock)
8&1 LEFT Cha Cha crossing in front of R to side R (L across front, R side R, L across front)

SEC.IV (26-32) TURN, TURN, CHA CHA TURN, FORWARD, TURN, SIDE (WALK AROUND TURN)

- 2,3 Turn 1/2 L with Right Step back; Turn 1/2 L with LEFT Step forward (These two turns travel side R)
4&5 RIGHT Cha Cha with 1/4 Turn R on Count 5 (6 o'clock) (R side R, L beside, R forward with turn)
6,7 LEFT Step forward; Turn 1/2 R with RIGHT Step forward (12 o'clock)
8 Turn 1/4 R with LEFT Step side L (3 o'clock)

Begin Again

Styling Note: 'Locking' fifth foot position on forward and back Cha Cha Cha's is optional

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Last Update - 24 Sept. 2020