April Stroll (P)



编舞者: Hazel Parfitt (UK)

音乐: Shame On Me - Billy Keeble

Position: Right Side By Side

HALF PIVOT, STEP, HOLD, HALF PIVOT, STEP, HOLD

1-2 Right step forward, ½ pivot to the left

Drop right hands & raise left

3-4 Right step forward, hold

Man turns under raised arms

5-6 Left step forward, ½ pivot to the right

Keep hold of hands, man turns under raised arms & rejoins hands in right side by side position

7-8 Left step forward, hold

DIAGONAL FORWARD, TOUCH, TWICE, 1/4 TURN, TOUCH, HIP BUMPS

1-2 Right step diagonally. Forward, touch left beside right
3-4 Left step diagonally. Forward, touch right beside left
5-6 Right step ¼ turn to the right, touch left beside right
7-8 Step and bump hips forward on left, bump right hips back

Now in Indian position, facing OLOD

SIDE, TOGETHER, SHUFFLE TURN, ROCK, ROCK, ½ PIVOT

1-2 Left step side, right step beside left3&4 Left shuffle turning ¼ to the right

Now facing RLOD in left side by side

5-6 Rock back on right, rock forward on left foot

7-8 Right step forward, ½ pivot to the left

Back to right side by side

WALK X 3, TOUCH, SHUFFLE, WALK TWICE

1-4 Walk forward right, left, right, touch

Drop left hands, raise right, lady turns one full turn to the right

5&6 Left shuffle forward

7-8 Walk forward right, walk forward left

REPEAT

