

Arizona

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Nicola Glenc (UK)
音乐: There Is No Arizona - Jamie O'Neal



This dance came 2nd in the British Masters In Line competition in Blackpool, December 2002

ROCK & SIDE, WEAVE & RONDE, BEHIND, ¼ TURN LEFT, STEP, PIVOT ½ TURN

- 1&2 (QQS) Rock back on right foot, replace weight forward on left, step right to right side, sliding left to right
- 3&4 (QQS) Cross left over right, step right to right side, step left foot crossed behind right, and at the same time sweep right foot forward and out to right side
- 5&6 (QQS) Step right foot crossed behind left, step left foot forward ¼ turn left, step right foot forward
- 7-8 (SS) Step forward left, pivot ½ turn right, (weight ends on right)

FULL SPIN, WALK LEFT-RIGHT, TRIPLE TURN, ROCK BACK & SIDE, TOGETHER

- 1& Step forward on left, making ½ turn right, step back on right, making ½ turn right
- If you don't want to do the turn, it's easy; just do two quick walks forward, left (1), right (&)**
- 2-3 Walk forward left, walk forward right
- 4&5 Triple step forward left-right-left, making 1 & ½ turns right,
- This can be easy too if you don't want to do the turn; shuffle ½ turn right; stepping left (4,) right (&), left (5)**
- 6&7&8 Rock back on right foot, replace weight forward on left, rock right on right foot, replace weight on left, step together on right

ROCK, HOOK, SHUFFLE LEADING LEFT THEN RIGHT

- 1-2& Rock forward on left, replace weight back on right, hook left over right shin
- 3&4 Step forward left, close right to left, step forward left
- 5-6 Rock forward on right, replace weight back on left, hook right over left shin,
- 7&8 Step forward on right, close left to right, step forward right

CROSS ROCK ¼ TURN, CROSS, HINGE ½ TURN, STEP ¼, SWAY; LEFT-RIGHT, STEP, DRAG

- 1&2 Cross rock left over right, replace weight back on right, step ¼ left on left
- 3&4 Cross rock right foot over left, step left to left side, ½ hinge turn left, step right foot forward ¼ turn right

Again if you don't like turns just do a sailor ¼ turn left stepping; right behind left (3), step forward left, making ¼ turn left (&), step right beside left (4)

- 5-6 Sway hips left, sway hips right
- 7-8 Step left to left side, dragging right to left, touch right beside left

REPEAT

This dance is a night club two-step, which has a timing of Quick, Quick, Slow. The emphasis is mainly on the slow, when saying it out loud it is Quick, Quick, Sloooowwww