The Arizona Amble



编舞者: Hillingdon Hillbillies (UK)

音乐: Honey, I'm Home - Shania Twain



STEP, COASTER, HEEL SWIVELS

1-2	Step forward on right foot, hitch left leg
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3&4 Left coaster step

Stamp right foot forward in front of left foot and move heels out and in Stamp left foot forward in front of right foot and move heels out and in

MONTEREY TURN, LOCK, HEEL SWIVELS

1-2	Touch right foot to right side, ½ turn on ball of left foot over right shoulder
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3-4 Touch left foot to left side, hitch left leg

5&6 Step forward with left foot, lock right foot behind left and step forward with left foot

7&8 Stamp right foot forward, in front of left foot and move heels out and in

HEEL SWIVELS, MONTEREY 1/4 TURN, BOX, HEEL SWIVELS

1&2	Stamp I	eft foot f	forward in f	front of	right foot a	and move	heels out and in

3& Touch right foot out to right side, turn ¼ on ball of left foot over right shoulder

4& Touch left foot to left side, hitch left leg

5&6& Cross left over right, step back with right, step left with left and bring right foot next to left

7&8 Move heels, toes and heels to left

HEEL SWIVELS, SAILOR STEPS, WALK

1&2 Move heels, toes and heels to righ	1&2	Move	heels.	toes	and	heels	to	riaht
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Step right foot behind left foot, step left foot to left side and step right foot in place

Step left foot behind right foot, step right foot to right side and step left foot in place

7-8 Walk forward right, left - with attitude

REPEAT