

As Always

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Julie Molkner (AUS)
音乐: You Are the One - Carlene Carter



SHUFFLE FORWARD, SHUFFLE FORWARD, SYNCOPATED ROCK & TURN, ROCK & TURN

- 1&2 Shuffle forward right-left-right
- 3&4 Shuffle forward left-right-left
- 5&a6 Rock forward on right foot, rock back on left foot, pivot ½ turn to the right on the ball of the left foot, step forward on right foot
- 7&a8 Rock forward on left foot, rock back on right foot, pivot ½ turn to the left on the ball of the right foot, step forward on left foot

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS, SIDE, ½ TURN

- 1-2-3&4 Rock right foot to right side, return weight to left foot, cross shuffle to left side right-left-right
- 5-6 Rock left foot to left side, return weight to right foot
- 7&a8 Cross left foot over right foot, step right foot to right side, pivot ½ turn to the left on the ball of the right foot, step left foot to left

SAMBA FORWARD TWICE, ROCK FORWARD, BACK, SHUFFLE ½ TURN

- 1&2 Step right foot forward in front of left, step ball of left foot to left side, return weight to right foot
- 3&4 Step left foot forward in front of right, step ball of right foot to right side, return weight to left foot
- 5-6 Rock forward on right foot, return weight to left foot
- 7&8 Turn ½ to the right while stepping right-left-right

SAMBA FORWARD TWICE, ROCK FORWARD, BACK, SHUFFLE 1 & ¼ TURN

- 1&2 Step left foot forward in front of right, step ball of right foot to right side, return weight to left foot
- 3&4 Step right foot forward in front of left, step ball of left foot to left side, return weight to right foot
- 5-6 Rock forward on left foot, return weight to right foot
- 7&8 Turn 1 & ¼ to the left while stepping left-right-left

REPEAT
