

# Ashes (P)

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 0      级数: Partner  
编舞者: Sue Halliday (USA)  
音乐: Ashes By Now - Lee Ann Womack



**Position: Facing LOD, Double Hand Position, Man facing OLOD**

## HIP SWAYS, ¼ TURN, WALK, TOUCH

- 1      **MAN:** Stands still  
      **LADY:** Sway hips to the right as you bend knees
- 2      **MAN:** Stands still  
      **LADY:** Sway hips to the left as you bend knees
- 3      **MAN:** Stands still  
      **LADY:** Sway hips to the right as you straighten knees
- 4      **MAN:** Stands still (weight on right foot)  
      **LADY:** Sway hips to the left as you straighten knees

## Release lady's right hand, man's left

- 5-6      **MAN:** Turn ¼ turn to the left as you step left foot forward, step right foot forward  
      **LADY:** Turn ¼ turn to the right as you step right foot forward, step left foot forward
- 7-8      **MAN:** Step left foot forward, touch right foot next to left  
      **LADY:** Step right foot forward, touch left foot next to right

## JAZZ BOX WITH ROCK STEP, SHUFFLES

- 9-10      **MAN:** Cross right foot over left, step left foot back  
      **LADY:** Cross left foot over right, step right foot back
- 11&12      **MAN:** Step right foot to right, rock back on left foot, replace on right foot  
      **LADY:** Step left foot to left, rock back on right foot, replace on left foot
- 13&14      **Man:** shuffle forward left-right-left  
      **Lady:** shuffle forward right-left-right
- 15&16      **Man:** shuffle forward right-left-right  
      **Lady:** shuffle forward left-right-left

## JAZZ BOX WITH ROCK STEP, SHUFFLES

- 17-18      **MAN:** Cross left foot over right, step right foot back  
      **LADY:** Cross right foot over left, step left foot back
- 19&20      **MAN:** Step left foot to left, rock back on right foot, replace on left foot  
      **LADY:** Step right foot to right, rock back on left foot, replace on right foot
- 21&22      **Man:** shuffle forward right-left-right  
      **Lady:** shuffle forward left-right-left
- 23&24      **Man:** shuffle forward left-right-left  
      **Lady:** shuffle forward right-left-right

## ½ TURN SHUFFLE, FORWARD SHUFFLE, ¼ TURN, TOUCH, ½ TURN, STEP

### Release lady's left hand, man's right

- 25&26      **MAN:** Turn ½ turn to the left as you shuffle right-left-right  
      **LADY:** Turn ½ turn to the right as you shuffle left-right-left

### Rejoin lady's right hand, man's left (couples facing RLOD)

- 27&28      **Man:** shuffle forward left-right-left  
      **Lady:** shuffle forward right-left-right
- 29-30      **MAN:** Turn ¼ turn to the right as you step right foot forward, touch left foot next to right  
      **LADY:** Turn ¼ turn to the left as you step left foot forward, touch right foot next to left

31-32

**MAN:** Step left foot back as you turn  $\frac{1}{2}$  turn to the left, step right foot next to left

**LADY:** Step right foot back as you turn  $\frac{1}{2}$  turn to the right, step left foot next to right

**Rejoin lady's left hands, man's right**

**REPEAT**

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