

Atlantis

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
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音乐: Trying to Find Atlantis - Jamie O'Neal



ROCK, RECOVER, CROSS, ROCK, RECOVER, CROSS, TOUCH, TOUCH, DOUBLE TOUCH

- 1&2 Rock right to right side, recover weight back to left, cross step right over left
- 3&4 Rock left to left side, recover weight back to right, cross step left over right
- 5&6&7 Touch right to right side, switch weight back to center on right, touch left foot to left side, switch weight back to center on left, touch right toe to right side
- &8 Bring right foot up behind left leg, touch right to right side

SYNCOPATED LEFT GRAPEVINE, LEFT MONTEREY TURN, LEFT SHUFFLE, ROCK, RECOVER ½ TURN RIGHT

- 1&2 Syncopated vine left, stepping right behind left, left to side, cross right in front of left
- 3&4 Left Monterey turn (weight stays on right foot)
- 5&6 Left shuffle forward
- 7&8 Quick rock forward on right, recover back to left, step right next to left with ½ turn to the right

STEP, ¼ TURN RIGHT, CROSS STEP, TRIPLE STEP WITH ¾ TURN LEFT, LEFT SAILOR, CROSS ROCK RECOVER, ¼ TURN RIGHT

- 1&2 Step forward on left foot, turn ¼ turn to right on right, cross left over right (weight on left foot)
- 3&4 Step right to right side, turn ¾ turn left stepping on left foot, step right next to left (weight on right foot)
- 5&6 Left sailor step
- 7&8 Cross rock right over left, recover weight back to left, step right to right with ¼ turn right

LEFT SHUFFLE, ROCK, RECOVER, ½ TURN RIGHT, STEP, ½ PIVOT, LEFT COASTER STEP

- 1&2 Left shuffle forward, stepping left, right, left
- 3&4 Rock forward on right, recover weight back to left, step right next to left with ½ turn right
- 5-6 Step forward on left foot, pivot ½ turn left
- 7&8 Left coaster step, stepping left, right, left

REPEAT