

Att Älska Dig

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Anne Salomonsson (SWE)
音乐: Att Älska Dig - Shirley Clamp



Start dance facing back (6:00). Start on the vocal 'älska'

STEP, HOLD, ½ TURN HOLD, SKATES FORWARD, HEEL SWITCHES

- 1-2 Step right forward, hold
- 3-4 Make ½ turn left, hold (weight ends on left)
- 5-6 Skate right diagonally forward right, skate left diagonally forward left
- 7&8& Touch right heel forward, step right beside left, touch left heel forward, step left beside right

KICK BALL CROSS, SIDE ROCK, SAILOR STEP, HIP SWAYS

- 1&2 Kick right diagonally forward right, step right beside left, cross left over right
- 3-4 Rock right to right side, recover onto left
- 5&6 Cross right behind left, step left to left side, step right in place
- 7-8 Step left to left side swaying hips left, recover onto right swaying hips right

STEP, HOLD, ½ TURN HOLD, SKATES FORWARD, HEEL SWITCHES

- 1-2 Step left forward, hold
- 3-4 Make ½ turn right, hold (weight ends on right)
- 5-6 Skate left diagonally forward left, skate right diagonally forward right
- 7&8& Touch left heel forward, step left beside right, touch right heel forward, step right beside left

KICK BALL CROSS, SIDE ROCK, SAILOR STEP, HIP SWAYS

- 1&2 Kick left diagonally forward left, step left beside right, cross right over left
- 3-4 Rock left to left side, recover onto right
- 5&6 Cross left behind right, step right to right side, step left in place
- 7-8 Step right to right side swaying hips right, recover onto left swaying hips left

¼ TURN CHASSE, BACK ROCK, SIDE ROCK, BACK ROCK

- 1&2 Make ¼ turn left and step right to right side, step left beside right, step right to right side
- 3-4 Rock left back, recover onto right
- 5-6 Rock left to left side, recover onto right
- 7-8 Rock left back, recover onto right

CHASSE, ¼ TURN WEAWE, ¼ TURN STEPS BACK

- 1&2 Step left to left side, step right beside left, step left to left side
- 3-4 Turn ¼ left and step right to right side, step left behind right
- 5-6 Step right to right side, cross left over right
- 7-8 Turn ¼ turn left and step right back, step left beside right

During 4th wall restart dance from beginning at this point

LOCK STEPS FORWARD, ¼ TURN STEP, HOLD, STEP, HOLD

- 1&2 Step right forward, lock left behind right, step right forward
- 3&4 Step left forward, lock right behind left, step left forward
- 5-6 Turn ¼ right and step right forward, hold
- 7-8 Step left to left side, hold

HIP SWAYS, ¼ TURN STEP, TOUCH, SHUFFLE FORWARD

- 1-2 Sway hips right, sway hips left

3-4 Sway hips right, sway hips left
5-6 Turn ¼ right and step right back, touch left beside right
7&8 Step left forward, step right behind left, step left forward

REPEAT

TAG

Danced 4 times after count 60 on the 3rd wall

PADDLE TURNS, TOE SWITCHES, HOLD

1-2 Touch right toe forward, turn 1/8 left
3-4 Touch right toe forward, turn 1/8 left
5&6 Touch right toe to right side, step right beside left, touch left toe to left side
&7-8 Step left beside right, touch right toe to right side, hold

ENDING

After count 48 on 5th wall. End dance facing front (12:00)

1-2 Step right forward and extend right arm diagonally forward right, hold
3-4 Step left forward and extend left arm diagonally forward left, hold
5 Place left hand on your heart and right hand on left hand

This dance is dedicated to Evert, the love of my life, on our wedding day August 6th 2005
