

The Avalon Waltz (P)

COPPERKNOB
STEPSHEETS

拍数: 36 墙数: 0 级数: Partner
编舞者: Ian Burton & Glen Burton
音乐: Only One Heart - Jimmy Nail



Position: Begin with man and lady facing as with a waltz with man on inside

MAN'S STEPS

FORWARD/BACKWARD STEPS

- | | |
|---|--------------------|
| 1 | Left step forward |
| 2 | Right together |
| 3 | Left in place |
| 4 | Right step forward |
| 5 | Left together |
| 6 | Right in place |
| 7 | Left step back |
| 8 | Right together |
| 9 | Left in place |

RIGHT/LEFT STEPS (LADIES TURN)

Man drops right arm, raises left arm lady drops left arm, holds mans left hand and turns under his left arm

- | | |
|----|------------------|
| 10 | Right step right |
| 11 | Left together |
| 12 | Right in place |

Couple resume partner position

BACKWARD/FORWARD STEPS

- | | |
|----|--------------------|
| 13 | Left step back |
| 14 | Right together |
| 15 | Left in place |
| 16 | Right step forward |
| 17 | Left together |
| 18 | Right in place |

LEFT/RIGHT STEPS WITH TURN, STEPS

Man drops right arm, raises left and as lady turns under his arm raises right arm and transfers hold. Lady drops left arm, holds mans hand and turns under his left arm. Turn can be completed if necessary on steps 22,23,24. As the turns into line of dance is completed the couple assumes sweetheart position

- | | |
|----|----------------------------|
| 19 | Left step left |
| 20 | Right together with ¼ turn |
| 21 | Left in place |
| 22 | Right step forward |
| 23 | Left together |
| 24 | Right in place |

STEP, HOLD, STEP, HOLD

- | | |
|----|--------------------|
| 25 | Left step forward |
| 26 | Right together |
| 27 | Hold |
| 28 | Right step forward |
| 29 | Left together |
| 30 | Hold |

BACK STEP AND TURN

- 31 Left step back with $\frac{1}{4}$ turn to face out
- 32 Right step together
- 33 Left in place

STEPS (LADIES TURN)

- 34 Right step forward (slight diagonal)
- 35 Left together
- 36 Right step in place

Couple resume starting waltz position

REPEAT

LADY'S STEPS

FORWARD/BACKWARD STEPS

- 1 Right step back
- 2 Left together
- 3 Right in place
- 4 Left step back,
- 5 Right together
- 6 Left in place
- 7 Right step forward,
- 8 Left together
- 9 Right in place

RIGHT/LEFT STEPS (LADIES TURN)

Man drops right arm, raises left arm lady drops left arm, holds mans left hand and turns under his left arm

- 10 Left step left with a full turn
- 11 Right together
- 12 Left in place

Couple resume partner position

BACKWARD/FORWARD STEPS

- 13 Right step forward
- 14 Left together
- 15 Right in place
- 16 Left step back
- 17 Right together
- 18 Left in place

LEFT/RIGHT STEPS WITH TURN, STEPS

Man drops right arm, raises left and as lady turns under his arm raises right arm and transfers hold. Lady drops left arm, holds mans hand and turns under his left arm. Turn can be completed if necessary on steps 22,23,24. As the turns into line of dance is completed the couple assumes sweetheart position

- 19 Right step right with a full turn
- 20 Left together
- 21 Right in place
- 22 Left step forward
- 23 Right together
- 24 Left in place

STEP, HOLD, STEP, HOLD

- 25 Right step forward
- 26 Left together
- 27 Hold

28	Left step forward
29	Right together
30	Hold

BACK STEP AND TURN

31	Right step back with $\frac{1}{4}$ turn to face out
32	Left step together
33	Right in place

STEPS (LADIES TURN)

34	Left step forward with $\frac{1}{2}$ turn to face man
35	Right together
36	Left step in place

Couple resume starting waltz position

REPEAT
