

B's, T's & WB's

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jenny Bounds (AUS)
音乐: Nude Bootscootin' - Grant Luhrs



VINE RIGHT

1-4 Step right to right, step left behind right, step right to right, touch left next to right.

STEP; PIVOT; LEFT 45; BRUSH UP

5-8 Step left forward, pivot right ½ turn, touch left heel 45 degrees, lift left heel to right knee.

LEFT STRUT; RIGHT STRUT

9-12 Step left heel forward & slap left toe down. Step right heel forward & slap right toe down.

SWIVEL LEFT; SWIVEL RIGHT

13-16 Weight on left heel & right toe, swivel left toe left & right heel right to neutral. Weight on right heel & left toe, swivel right toe & left heel left to neutral.

SHIMMY FORWARD; SHIMMY BACK

17-20 Lean forward on right and wriggle shoulders forward. Lean back on left and wriggle shoulders backward.

STEP; CROSS; CHUG, CHUG

&21-24 Step right back, cross left over right, step right next to left. Jump forward on both feet, jump forward on both feet.

KICK; CROSS; UNWIND; CLAP

25-28 Kick right at 45 degrees, cross right in front of left, unwind ½ turn left and clap.

HIP BUMP, HIP BUMP, HIP ROLL

29-32 Swing hips right, swing hips left, roll hips full rotation to the left

REPEAT

Steps &21-24 are very fast steps, so be ready to put a lot of effort into these steps. Also steps 23-24, rest the palms of your hands on your hips and point your pointer and middle fingers forward, (pretend you have a gun).
