

B.UUT

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Rob Fowler (ES)
音乐: (If You're Not In It for Love) I'm Outta Here! - Shania Twain



The name of this dance is pronounced "Beauty".

RIGHT STEP WITH ARMS, TOGETHER, LEFT STEP WITH ARMS, TOGETHER

- 1 Hold arms at chest height and interlock fingers, palms down. Step right foot to right (slightly wider than shoulders). Start a wave motion with arms, moving from left to right (i.e. Start by raising left elbow, end by raising right elbow)
- 2& Continue moving interlocked hands, raising above the head
- 3& Step right back next to left, release fingers and drop arms down to waist
- 4 Click fingers
- 5-8 Repeat 1-4, mirrored to the left

RIGHT KICK BALL TOUCH, LEFT KICK BALL TOUCH, ROLL ¼ RIGHT, ROCK BACK, COASTER

- 9&10 Kick right forward, right in place, touch left out to left
- 11&12 Kick left forward, left in place, touch right out to right
- 13 Putting weight on right turn ¼ to right and body roll forward and upwards
- 14 Rock back on left
- 15&16 Coaster (right, left, right)

LEFT STEP (CLAP), RIGHT PIVOT (CLAP, CLAP), ROCK BACK, RECOVER, SHUFFLE FORWARD

- 17-18 Step forward on left with weight, clap
- 19 Pivot ½ to right (keep weight on left)
- &20 Clap, clap
- 21-22 Rock back on right, recover forward onto left
- 23&24 Shuffle forward (right, left, right)

ROCK FORWARD, RECOVER, COASTER, PIVOT LEFT (TWICE)

- 25-26 Rock forward on left, recover back onto right
- 27&28 Coaster (left, right, left)
- 29-30 Step forward on right, pivot ½ to left
- 31-32 Step forward on right, pivot ½ to left

Prepare to interlock fingers

REPEAT