拍数： 32
墥数： 4
级数：Intermediate
编舞者：Pam Dailey（USA）
音乐：Smooth（feat．Rob Thomas）－Santana

| SIDE ROCK $1 / 4$ TURN，CROSS SHUFFLE，SIDE ROCK $1 / 2$ TURN，CROSS SHUFFLE |  |
| :--- | :--- |
| 1 | Step to right on right |
| 2 | Transfer weight to left making a slight $1 / 4$ turn to left |
| Starting the dance facing the music this turn $1 / 4$ turn would be at $9: 00$ |  |
| $3 \& 4$ | Cross right over left，step left，then step right，（right is still crossed over left） |
| 5 Step out to left on left <br> 6 Transfer weight to right making a $1 / 2$ turn to right（3：00） <br> $7 \& 8$ Cross left over right，step right，then left |  |

ROCK STEP，LOCK STEP，ROCK STEP，LOCK STEP
1 At 45 degrees angle left（left corner of 3：00）rock forward on right
2 Recover back on left
3\＆4\＆Step right forward still at angle then slide left up behind，transfer weight to right toe，pivot to right（still 3：00 wall）
$5 \quad$ Rock forward on left
6 Recover on right
7\＆8 Step left forward，then right slide up behind，step on left
STEP ½ TURN LEFT，BASIC MAMBO，STEP BEHIND，LEFT COASTER
1 Step right forward（prepare for $1 / 2$ turn left）
$2 \quad$ Turning $1 / 2$ turn to left，shift weight to left foot，（9：00）
$3 \& 4 \quad$ Step right，then left in place，step right
5 Step left to left
$6 \quad$ Cross right behind
$7 \& 8$（Left coaster）step left back，then step back together，then forward on left

| ROCK STEP BODY OR FORWARD HIP ROLL $1 / 2$ TURN RIGHT WITH BASIC MAMBO |  |
| :--- | :--- |
| 1 | Rock forward on right |
| 2 | Recover on left |
| $3-4$ | Forward hip or body roll（right foot forward，body angled slightly left） |
| 5 | Place right toe behind left |
| 6 | Make $1 / 2$ turn to right（back facing $3: 00$ wall） |
| $7 \& 8$ | Step left to left，step right in place，then step left in place |

REPEAT
This was choreographed in the traditional country style cha－cha．To dance it if you desire in Latin rhythm（4\＆5 and $8 \& 1$ accent）：
In beginning add
1 Rock forward on left
2 Back on right
3 Step left
Then follow the sheet． $3 \& 4$ are now 4\＆5．Continue the dance to last two counts（7\＆8）will now be 7－8
7 Rock to left
8 Recover on right
Start over with rock forward on left and etc．

