Alone In Love

拍数: 32

级数: Intermediate

编舞者: Rona Kaye (USA)

音乐: Desperately - George Strait



- 1-2 Rock right toe forward, recover back to left foot
- 3-4 Rock weight forward onto right toe, shift weight back onto the left foot and kick right toe low and forward

5&6 Shuffle to the back right-left-right

Bring your right shoulder towards the back for style

Turn ¼ to the left as you side triple step left-right-left 7&8

WALK FORWARD RIGHT, TRIPLE FORWARD LEFT-RIGHT-LEFT, SIDE STEP RIGHT WITH HOLD, CHASSE, COASTER BACK LEFT-RIGHT-LEFT

- Step forward right foot 1
- 2&3 Shuffle forward left-right-left
- 4-5 Step right side right hold
- &6 Chasse: step left foot into the right, pushing the left foot to step side
- 7&8 Coaster back left: step back on the left, bring the right foot together, step forward left

ROCK STEP FORWARD RIGHT, RECOVER LEFT, ¾ TURN TRIPLE TO THE RIGHT, "SCISSOR STEP" CROSS, STEP OUT RIGHT HIPS RIGHT-LEFT-RIGHT

- 1-2 Rock your weight onto as you step forward on the right, recover weight back onto the left
- 3&4 3/4 turn back to your right shoulder as you triple step right-left-right
- 5&6 Step left side left, bring right foot into the left and cross left foot over and across the right

Modification for left scissor/cross: touch, step out on the left

7&8 Step right foot to side right as you press your right hip out to right-left-right

The weight ends up on the right

SAILOR STEP LEFT-RIGHT-LEFT WITH 1/4 TURN LEFT, SAILOR STEP RIGHT-LEFT-RIGHT WITH FULL TURN RIGHT, WALK LEFT, RIGHT, TRIPLE FORWARD LEFT-RIGHT-LEFT

1&2 Cross left foot behind the right, step down on right as you turn 1/4 to the left, step left side left 3&4 Turn a full turn to the right as you triple step right-left-right

Modification: coaster back right

- 5-6 Walk forward left, then right
- 7&8 Triple step forward left-right-left

REPEAT





墙数:4