Alright

级数: Beginner

编舞者: Karen Hedges (USA)

音乐: I'm Alright - Jo Dee Messina

PIGEON TOES

- 1-2 On balls of both feet spread heels apart, bring back center
- 3-4 On balls of both feet spread heels apart, bring back center

SIDE STEP SLIDES RIGHT.

拍数: 32

- 5-6 Step 45 degrees forward on right slide left to meet
- 7-8 Step 45 degrees forward on right slide left to meet

QUARTER TURNS LEFT

- Step forward on right ¼ turn to left putting weight on left 9-10
- 11-12 Step forward on right ¼ turn to left putting weight on left

RIGHT VINE

- 13-14 Step to right side putting weight on right foot, step left behind right
- 15-16 Step to right side putting weight on right foot, touch left toe beside right

LEFT VINE

- 17-18 Step to left side putting weight on left foot, step right behind left 19-20
- Step to left side putting weight on left foot, touch right toe beside left

RIGHT SHUFFLE FORWARD LEFT SHUFFLE FORWARD

- 21& Step forward on right putting weight on right bring left to meet
- 22-23 Step forward on right putting weight on right, step forward on left
- &24 Bring right to meet left, step forward on left putting weight on left

JAZZ BOX QUARTER TURNS

- 25-26 Cross right over left putting weight on right, step 1/4 turn to left with left putting weight on left 27-28 Step to right side with right putting weight on right and step slightly forward on left putting
- weight on left
- 29-30 Cross right over left putting weight on right, step 1/4 turn to left with left putting weight on left
- Step to right side with right putting weight on right and step together with left 31-32

REPEAT





墙数:1