Always Come Back



拍数: 40 墙数: 4 级数: Intermediate

编舞者: Lucy Edge (UK)

音乐: Always Come Back To Your Love - Samantha Mumba



SYNCOPATED ROCKS 1/2 TURN TWICE

1&2& Right rock forward rock back on left, right rock to right, rock to left on left

3-4 Make ½ turn to right on ball of left, touch left toe next to right

5&6& Left rock forward rock back on right, left rock to left, rock back on right

7-8 Make ½ turn to left on ball of right, touch right toe next to left

RIGHT SIDE MAMBO/CROSS LEFT SIDE MAMBO/CROSS

9&10 Rock right to right, rock on to left, cross right in front of left 11&12 Rock left to left, rock on to right, cross left in front of right

RIGHT FORWARD MAMBO LEFT BACK MAMBO

Rock right forward, rock back on to left, step right to place beside left

15&16 Rock left back, rock forward on right, place left beside right

RIGHT VINE 1/2 TURN AND TOUCH

17-18 Step right to the right, step left behind right

Step right to the right, pivot ½ turn to right on ball of right and step on left, touch right next to

left

21-22 Step right to the right, step left behind right

Step right to the right, pivot ½ turn to right on ball of right and step on left, touch right next to

left

ROCK STEP, 1/4 TURN COASTER STEP

25-26 Rock forward on right, recover weight to left

27&28 Step back on right, step left into ¼ turn to the left, step forward on right

29&30 Left shuffle forward (left, right, left)

31-32 Walk forward right, left (or make 2 x half turns left as you move forward)

SYNCOPATED HIP BUMPS

33&34& Bump hips right, left, right, left 35&36& Bump hips right, left, right, left Alternative for steps 33-36&: running men's steps

37-38 Slide right big step to the right, touch left next to right and click fingers to left 39-40 Slide left big step to the left, touch right next to left and click fingers to right

REPEAT

TAG

After 5 walls (facing ¼ left from home wall) dance the first 16 steps, then start the dance again.