

Amor

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Adrian Churm (UK)
音乐: Amor - Ricky Martin



SIDE STEP, CROSS ROCK, CHASSE, SYNCOPATED CROSS ROCK-(CUBAN BREAKS)

- 1-3 Step right foot to the right side, step left foot forward and across right, replace weight back onto right foot
- 4&1 Step left foot to the left side, right foot closes towards left, step left foot to the left side
- 2&3 Step right foot forward and across left, replace weight back onto the left foot, step right foot to the right side
- 4&1 Step left foot forward and across right, replace weight back onto the right foot step left foot to the left side

CROSS ROCK, CHASSE MAKING A HALF TURN RIGHT, CROSS UNWIND, COASTER STEP, HIP BUMPS MOVING FORWARD

- 2-3 Step right foot forward and across left, replace weight back onto left foot
- 4&1 Make a half turn to the right as right foot steps to the right, left foot closes towards right, right foot steps forward completing the turn
- 2-3 Cross left foot over right unwind a half turn to the right
- 4&1 Step right foot back, left foot closes to right, step right foot forward
- 2&3 Touch left foot forward hips left, bump hips right, step onto left foot
- 4&1 Touch right foot forward hips right, bump hips left, step onto right foot

ROCK STEP, BACK LOCK STEP, QUARTER TURN LEFT, FORWARD LOCK STEP

- 2-3 Step left foot forward, replace weight back onto right
- 4&1 Step left foot back, right foot crosses in front of left, step left foot back
- 2-3 Step right foot back, make quarter turn left, step onto left foot
- 4&1 Step right foot forward, cross left foot behind right, step right foot forward
- 2-3 Step left foot to the left side, touch right foot diagonally forward right
- 4& Right foot closes towards left, left foot steps forward and across right (this can be replaced with chasse right)

REPEAT