

拍数: 48 墙数: 2

级数: Intermediate / Advanced nightclub



音乐: Lips of an Angel - Hinder

SIDE BEHIND CROSS SIDE WITH ¼, WALK BACK TWICE, TURN ½, STEP PIVOT, STEP, CROSS ROCK RECOVER

- 1-2& Big step left to side, step right together, cross left over right
- 3 Turn ¼ left and step right back (9:00)
- 4&5 Step left back, step right back, turn ½ left and step left forward
- 6-7 Step right forward, turn ½ left (weight to left)
- 8&1 Cross/rock right over left, recover on left, big step right to side

SIDE BEHIND, CROSS AT ANGLE, STEP, SWEEP AROUND, CROSS, ROCK/RECOVER, COASTER

- 2&3 Cross left behind right, step right together, turn 1/8 left and step left forward (7:30)
- 4-5 Sweep right back to front, turn ³/₄ left and cross/touch right over left (10:30)

Extend left arm forward

- 6-7 Big step right forward, step left slightly back
- 8&1 Step right back, step left together, step right forward

FULL TURN TRIPLE, STEP LOCK WITH ARM EXTENSIONS, DROP, SIDE STEP, TURN ¼ COASTER

- 2&3 Triple in place turning a full turn right stepping left, right, left
- 4 Step right forward

Extend right arm up (palm out)

& Lock left behind right

Extend left arm up (palm out)

5-6 Hold, step right in place

During 5-6, turn palms in and collapse down brining hands to chest

- 7 Step right to side
- 8&1 Cross left behind right, step right together, turn 3/8 left and step left forward (6:00)

TURN ¼ WALK BACK, TURN ¼ WALK FORWARD, 1 ¼ TRIPLE TURN, PREP

- 2&3 Shuffle back turning ¼ left and step right, left, right
- 4&5 Shuffle forward turning ¼ left and step left, right, left
- 6&7 Turn ¼ left and step right back, turn ½ left and step left forward, turn 3/8 left and step right back (10:30)
- 8 Slide/touch left together

ARABESQUE, ¾ WALK AROUND, SWAY TWICE, SIDE TURN ¼ COASTER, FULL CHASE TURN

Hold

1

Extend left leg up and back while extending right arm forward

- 2 Turn 3/8 left and step left forward (6:00)
- &3 Turn ¼ left and step right to side, turn ¼ left and step left to side
- 4&5 Sway right, sway left, big step right to side
- 6&7 Cross left behind right, step right together, turn ¼ left and step left forward
- 8&1 Step right forward, turn 1/2 left and step left forward, turn 1/2 left and step right back

BACK LOCK BACK, TURN ½, TURN ¼ HITCH AND CROSS, SIDE BACK CROSS, SIDE, SWAY

- 2&3 Step left back, lock right over left, step left back
- 4&5 Turn ½ right and step right forward, turn ¼ right and hitch left knee up, cross left over right
- 6&7 Step right diagonally back, step left back, cross right over left
- 8& Rock left to side, recover onto right and sway right

REPEAT

RESTART

The first restart is on the 2nd wall. Dance through the 5th set of 8, when you are finishing your sway into your turn ¼ coaster. Make a turn ¼ to the left stepping right together and restart the dance on the front wall The second restart will be on the 5th. This is you front wall. Do the first two 8 counts of the dance. After your sweep around, rock/recover, just bring right foot together and restart again on the front wall