

# Ain't No Way

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Jan Brookfield (UK) - 2003  
音乐: Forever and for Always - Shania Twain



## RIGHT, CLOSE, RIGHT CLOSE FORWARD, LEFT, CLOSE, LEFT CLOSE FORWARD

1-2-3&4      Step right to side, close left to right, step right to side, close left to right, step right forward  
5-6-7&8      Step left to side, close right to left, step left to side, close right to left, step left forward

## STEP, ROCK, THREE QUARTER TURN SHUFFLE, STEP, ROCK BACK, COASTER STEP

9-10      Step forward on right, rock back onto left  
11&12      Make a three quarter turn over right shoulder stepping right, left, right  
13-14      Step forward on left, rock back onto right  
15&16      Step back on left, step on right next to left, step forward on left (now facing 9:00)

## SIDE, ROCK, CROSS, STEP, BEHIND & HEEL BALL CROSS, SIDE ROCK, QUARTER TURN LEFT

17&18      Rock right to side, rock weight onto left in place, step right across in front of left  
19-20&      Step left to side, step right behind left, take small step back on left  
21&22      Tap right heel diagonally forward, step on ball of right in place, step left in front of right  
23-24      Step right to side, rock forward onto left making a quarter turn to left (now facing 6:00)

## RIGHT, LOCK, RIGHT, STEP HALF PIVOT, SIDE ROCK CROSS, QUARTER TURN, HALF TURN

25&26      Step right forward, lock left behind right, step right forward  
27-28      Step left forward, pivot half turn over right shoulder (facing 12:00)  
29&30      Step left to left side, rock onto right in place, step left across in front of right  
31-32      Step back on right making a quarter turn left step forward on left making a half turn over left shoulder (now facing 3:00)

## REPEAT

Last Update - 26 Nov. 2024 - R1