

Alabama Two-Step (Mixer) (P)

COPPER KNOB
STEPPERS

拍数: 27 墙数: 0 级数: Partner
编舞者: John Miles (UK) & Jean Miles (UK)
音乐: Don't Take Her She's All I Got - Tracy Byrd



Position: Closed Western

All turn are started on the quick, quick steps and leads will be on the second slow

BASIC TWO STEP PATTERN IN CLOSED WESTERN POSITION

1&2-3 (QQSS) Man step forward left, right, left, right

MAN LEADS LADY IN A 1 ½ TURN RIGHT INTO A RIGHT SIDE BY SIDE POSITION

4&5-6 (QQSS) Man lift left hand over the lady's head as she turns changing left hand to right hand.
On the quick, quick bringing the lady into right side by side

BASIC TWO STEP PATTERN IN RIGHT SIDE-BY-SIDE POSITION

7&8-9 (QQSS) Man step forward left, right, left, right

MAN LEADS LADY AROUND THE WORLD INTO LEFT SIDE BY SIDE

10&11-12 (QQSS) Man lift left hand and bring right hand down as he turns to the lady behind his back.
Hands remain held during the turn, man steps across to their right on slow, slow. Man will
have his right hand behind his back in a hammer lock position. Left hand will be across and in
front of lady

BASIC TWO STEP PATTERN IN LEFT SIDE BY SIDE POSITION

13&14-15 (QQSS) Man step forward left, right, left, right

MAN LEADS LADY ACROSS FRONT OF HIM INTO RIGHT SIDE BY SIDE POSITION

16&17-18 (QQSS) Man drop right hand and gently lead the lady across in front of him, rejoining hands
in right side by side position

BASIC TWO STEP PATTERN IN RIGHT SIDE-BY-SIDE POSITION

19&20-21 (QQSS) Man step forward left, right, left, right

MAN LEADS LADY INTO A 1 ½ RIGHT TURN BACK INTO CLOSED WESTERN POSITION

22&23-24 (QQSS) Man drop left hand and lift right hand changing hands over the lady's head on the
quick, quick. Then turn the lady with left hand over her head back into closed western
position

BASIC TWO STEP PATTERN IN CLOSED WESTERN POSITION

25&26-27 (QQSS) Man step forward left, right, left, right

MAN MOVES FORWARD ONTO NEXT PARTNER

Man lift left hand and pass through towards his next partner

REPEAT