

Alcohol

拍数: 48 墙数: 4 级数: Beginner
编舞者: Ben Heggy (USA)
音乐: Alcohol - Brad Paisley



Dance to the heavy 4-count bass beat, not the underlying fast waltz

Dance like you've had a little too much to drink

KICK, STEP, KICK, CROSS, STEP, ROCK, RECOVER, STEP (LOST YOUR BALANCE IN THAT KICK?)

- 1-2 Kick right forward, step right by left
- 3-4 Kick left forward, step left across right
- 5-6 Step back right diagonal, rock back on left diagonal
- 7-8 Recover weight to right, step back left

STEP, STEP, CROSS, CROSS, STEP, STEP, STEP, STEP, STEP (STAGGER FORWARD)

- 1-2 Step right to right side, step left by right
- 3 Cross step right forward diagonal to the left
- 4& Cross step left forward diagonal to the right, step right forward
- 5-6 Step left forward diagonal, step right by left
- 7-8 Step left forward diagonal, step right by left

STEP, TURN, STEP, TURN, SWEEP, STEP, STEP, TURN (HOW DOES THAT TURN GO AGAIN?)

- 1-2 Step left to left side, step right $\frac{1}{4}$ turn right
- 3-4 Step left next to right, step right $\frac{1}{4}$ turn right
- 5-6 Sweep left over right, making $\frac{1}{2}$ turn right, step forward right
- 7-8 Step left to left side, step right $\frac{1}{4}$ turn right

STEP, STEP, BACK CROSS, STEP, SHUFFLE, CROSS SHUFFLE (STAGGER BACKWARD)

- 1-2 Step back left diagonal, step right next to left
- 3-4 Step left diagonal behind right, step right next to left
- 5&6 Side shuffle to left left - right - left
- 7&8 Cross shuffle to left right - left - right

ROCK, RECOVER, ROCK, RECOVER, STEP, STEP (JUST WOBBLE HERE A WHILE)

- 1-2 Rock left to left side, recover right
- 3-4 Rock left forward, recover right
- 5-6 Step left next to right, step right to right side

WALK FORWARD, WEAVE, CROSS SHUFFLE (RECOVERING COMPOSURE - AT LEAST FOR A SECOND)

- 1-4 Walk forward left - right - left - right
- 5-8 Cross step left over right, step right to right side, step left behind right, step right to right side
- 1&2 Cross shuffle to right left - right - left

REPEAT