

拍数: 72 墙数: 2

编舞者: Raunchy Rachel (UK)

音乐: Alive - Celine Dion

级数: Intermediate



## SIDE ROCK AND CROSS TWICE, LOCK STEP BACK, ½ TURN LEFT, LOCK FORWARD

- 1&2 Rock right to right side and recover, cross step right over left
- 3&4 Rock left to left side and recover, cross step left over right
- 5&6 Step back on right, lock left over right, step back on right
- 7&8 Step forward on left forward as make a ½ turn left, lock right behind left, step forward on left

## SIDE ROCK BEHIND SIDE CROSS TWICE

- 1-2 Rock right to right side and recover weight onto left
- 3&4 Step right behind left, step left to left side, cross step right over left
- 5-6 Side rock left to left side and recover weight onto right
- 7&8 Step left behind right, step right to right side, cross step left over right

# SHUFFLE FORWARD, RONDE AND CROSS STEP, LOCKSTEP BACK, ¼ TURN LEFT, LOCKSTEP FORWARD LEFT

- 1&2 Step forward on right, step left beside right foot, step forward on right
- 3-4 Ronde left foot to left side and cross step left over right
- 5&6 Step back on right, lock left in front of right, step back on right
- 7&8 Step forward on left as make a ¼ turn to the left, lock right behind left, step forward on left

#### KICK AND SIDE ROCKS TWICE, CROSS STEP BEHIND AND POINT TWICE

- 1&2& Kick right foot forward, step right beside left, rock left out to left side and recover weight onto right
- 3&4& Kick left foot forward, step left beside right, rock right out to right side and recover weight onto left
- 5-6 Cross step right behind left foot, point left foot to left side and click fingers
- 7-8 Cross step left behind right foot, point right foot to right side and click fingers

## CROSS BEHIND UNWIND, ½ TURN SWIVELS, POINT BEHIND UNWIND, HITCH

- 1-2 Cross right behind left and unwind ½ turn to the right
- 3&4 Swivel heels to the right twice making a ½ turn to the left, transferring weight onto right foot
- 5-6 Point left toe back and unwind ½ turn left transferring weight onto left foot
- 7-8 Hitch right across body angling body slightly left, step right to right side so feet are slightly apart

#### HIP ROLL COASTER STEP TWICE

- 1-2 Place left toe forward, sway hips diagonally to the left leaning onto the left toe, recover weight onto right as swing hips back
- 3&4 Step back on left, step right next to left, step forward on left
- 5-6 Place right toe forward, sway hips diagonally to the right leaning onto the right toe, recover weight onto left as swing hips back
- 7&8 Step back on right, step left next to right, step forward on right

# BEHIND, SIDE STEP ¼ TURN RIGHT, SYNCOPATED ½ TURN TO RIGHT, HEEL DIGS, SIDE ROCK LEFT

- 1-2 Cross step left behind right, step right to right side making a <sup>1</sup>/<sub>4</sub> turn right
- 3&4 Step forward on left beginning to make a ½ turn right, step right foot in place next to left foot completing the turn, touch left toe in place next to right

- 5&6& Dig left heel forward, recover weight onto left foot and dig right heel forward, recover weight onto right foot
- 7-8 Rock left to left side, recover weight onto right

## CROSS SHUFFLE, HEEL DIGS, SIDE ROCK RIGHT, CROSS SHUFFLE

- 1&2 Cross step left over right, step right to right side, cross step left over right
- 3&4& Dig right heel forward, recover weight onto right foot and dig left heel forward, recover weight onto left foot
- 5-6 Rock right to right side, recover weight onto left
- 7&8 Cross step right over left, step left to left side, cross step right over left

## KICK, CROSS UNWIND, BALL CHANGE, ½ PIVOT TURN, SCUFF HITCH TOUCH

- 1 Kick left foot forward slightly to the left
- 2-3 Cross left over weight and unwind making a ½ turn right transferring weight onto left foot
- &4 Step back on right toe and step forward left
- 5-6 Step right forward, pivot ½ turn left, step forward on left
- 7&8 Scuff right foot forward, hitch right knee, stomp right beside left keeping weight on left foot ready to begin dance again!

## REPEAT

## TAG

#### Danced once at end of third wall (you will be facing the back wall)

- 1-2 Skate right to right side, skate left to left side
- 3&4 Chasse right: step right to right side, step left beside right, step right to right side
- 5-6 Skate left to left side, skate right to right side
- 7&8 Chasse left: step left to left side, step right beside left, step left to left side.
- 9-10 Step right to right side, touch left toe behind right

## Styling: swing arms round in a circle to the left

11-12 Step left to left side, touch right toe behind left

Styling: swing arms round in a circle to the right