All That Dust!



拍数: 0 墙数: 2 级数: Intermediate

编舞者: Roland (Gutz) Gutzwiller (CH) 音乐: The Way Of Life - Dusty Roads



Sequence: AAB AAB ABB B

Fade out after 4:34

PART A

RIGHT ROCK, RECOVER, RIGHT COASTER STEP, LEFT ROCK, RECOVER, LEFT COASTER STEP

1-2-3&4 Rock right forward, recover on left, right backwards, left next to right, right forward 5-6-7&8 Rock left forward, recover on right, left backwards, right next to left, left forward

RIGHT FORWARD, ½ TURN LEFT, TRIPLE FORWARD WITH FULL TURN LEFT, SWAY HIPS LEFT, RIGHT, LEFT CROSS SHUFFLE

1-2 Right forward, turn ½ left and take weight on left 3&4 Triple forward (06:00)with full turn left right, left, right

5-6 Sway hips to the left, to the right

7&8 Cross left over right, right to right, cross left over right

PRESS RIGHT, RECOVER, RIGHT BEHIND, LEFT TO LEFT, RIGHT OVER LEFT, LEFT FORWARD DIAGONAL LEFT, FULL TURN RIGHT, RIGHT SHUFFLE FORWARD

1-2 Press ball right forward diagonally left (07:30), recover on left

3&4 Cross right behind left, left to left, cross right over left

5-6 Step left forward diagonally left (04:30), full turn right on left 7&8 Right shuffle diagonally forward (04:30) right, left, right

LEFT OVER RIGHT, RIGHT BACKWARDS, LEFT LOCK SHUFFLE BACKWARDS, ½ TURN RIGHT, ½ TURN RIGHT, SWAY HIPS TO THE LEFT

1-2-3&4 Cross left over right, right backwards, left backwards, lock right over left, left backwards

5-6 Turn ½ right and right forward, turn ½ right and left backwards

7-8 Turn ½ right and right forward (12:00), left to left and sway hips to the left

PART B

SWAY HIPS RIGHT, LEFT, TRIPLE FORWARD DIAGONAL RIGHT, SWAY HIPS LEFT, RIGHT, TRIPLE FORWARD DIAGONAL LEFT

1-2-3&4 Sway hips right, left, triple forward diagonally to the right 5-6-7&8 Sway hips left, right, triple forward diagonally to the left

RIGHT FORWARD, ½ TURN LEFT, RIGHT HEEL, TOGETHER, LEFT HEEL, TOGETHER, WALK RIGHT, WALK LEFT, POINT RIGHT TO RIGHT, TOGETHER, POINT LEFT TO LEFT, TOGETHER

1-2-3&4& Right forward, turn ½ left, right heel forward, right next to left, left heel forward, left next to

right

5-6-7&8& Right forward, left forward, point right to right, right next to left, point left to left, left next to

right

RIGHT FORWARD, FLICK LEFT AND SNAP, LEFT CROSS SHUFFLE, RIGHT FORWARD DIAGONAL. RIGHT, TURN ½ LEFT, POINT RIGHT TO RIGHT, NEXT TO LEFT, RIGHT, NEXT TO LEFT, POINT RIGHT TO RIGHT WITH ARMS OUT AND SNAP, RIGHT NEXT TO LEFT WITH ARMS CROSSED AND SNAP

1-2	Right forward.	flick left and snar	with both	hands in front	of left shoulder

3&4 Cross left over right, right to right, cross left over right

5-6 Right forward diagonal. Right, turn ½ left on left and touch right next to left (facing 12:00)

7&8& Point right to right, touch right next to left, point right to right, touch right next to left

Point right to right with arms out (left up, right down) and snap
 Touch right next to left and cross arms in front of your chest and snap

RIGHT FORWARD, ½ TURN LEFT, TRIPLE FORWARD, LEFT FORWARD, ½ TURN RIGHT, TRIPLE WITH ½ T RIGHT

1-2-3&4 Step forward on right, turn ½ left on left, triple forward right, left, right

5-6-7&8 Step forward on left, turn ½ right on right, triple with ½ turn right left, right, left