

Almost Paradise (P)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 0 级数: Partner
编舞者: Sonny Klemm (USA), Linda Klemm (USA) & Lindy Wilson
音乐: Almost Jamaica - The Bellamy Brothers



This is a mirror dance, the mans steps are listed. Couples facing line of dance, holding inside hands

TRIPLE STEP, COASTER STEP

1&2 Triple step forward (right, left, right)
3-4 Step forward left, rock back on right
5&6 Coaster step back (left, right, left)

STEP, PIVOT, TRIPLE STEP

7-8 Step forward right, pivot $\frac{1}{2}$ turn to the left, releasing hands
9&10 Triple step in place (left, right, left) pick up both hands

STEP, PIVOT, TRIPLE-STEP

11-12 Step forward left, pivot $\frac{3}{4}$ turn to the right, releasing hands
13&14 Triple step in place (left, right, left), pick up both hands (now facing each other)

ROCK STEP, TRIPLE STEP

15-16 Step back (ladies step forward) on right, rock forward on left
17&18 Triple step forward (right, left, right)

WALK, WALK, TRIPLE STEP

MAN'S STEPS

19-20 Step forward left then right releasing right hand & raising right
21&22 Triple step in place (left, right, left)

LADIES STEPS

19-20 Full turn to the right on right, left releasing left hand and turning under right
21&22 Triple step in place (right, left, right)

WALK, WALK, TRIPLE STEP

MAN'S STEPS

23-24 Walk back right, left keeping left hand raised
25&26 Triple step in place (right, left, right) rejoining both hands

LADIES STEPS

23-24 Full turn to the left on left under raised hands
25&26 Triple step in place (left, right, left)

ROCK STEP TRIPLE STEP

27-28 Step left behind right, rock back to right
29&30 Left triple step to left

ROCK STEP TRIPLE STEP

31-32 Step right behind left, rock back to left
33&34 Right triple step to right turning toward LOD

ROCK STEP, full turn FREE SPIN, TRIPLE STEP

35-36 Step back on left, rock forward on right
37-38 Full turn to the right on left, right
39&40 Triple step forward (left, right, left)

CROSS OVER, CROSS OVER, TRIPLE STEP

41-42 Dropping inside hands and picking up outside hands. Lady crosses in front under raised hands while man crosses behind. (man right-left) (lady left-right)

Both traveling forward

43&44 Triple step forward (right, left, right)

45-46 Dropping inside hands and picking up outside hands lady crosses in front under raised hands while man crosses behind back to original position (man left-right) (lady right-left)

47&48 Triple step forward (left, right, left)

REPEAT
