

A - Z

拍数: 32 墙数: 4 级数: Improver
编舞者: Pat Stott (UK)
音乐: Oh Lonesome Me - Crystal Gayle



4 SHUFFLES TURNING ½ TO RIGHT, STEP, KICK, BACK, TOUCH, STEP, KICK, COASTER CROSS

1&2-3&4-5&6-7&8 Turning ½ to right overall - shuffle right-left-right, left-right-left, right-left-right, left-right-left
9-10 Step forward on right, kick left foot forward
11-12 Step back on left, touch right toe back
13-14 Step forward on right, kick left foot forward
15&16 Step back on left, close right to left, cross left over right

KICK, KICK, BEHIND, SIDE, CROSS IN FRONT, KICK, KICK, BEHIND, ¼ TURN RIGHT, LEFT FOOT FORWARD

17-18 Kick right foot diagonally to right - twice
19&20 Cross right behind left, left to left, cross right over left
21-22 Kick left foot diagonally to left - twice
23&24 Cross left behind right, turn ¼ to right stepping onto right, left foot forward

2 HEEL SWITCHES, LONG STEP FORWARD, CLOSE, (EITHER) 2 PIGEON TOES, OR 4 SWIVETS, OR FANCY FEET

25&26& Right heel forward, close, left heel forward, close
27-28 Large step forward onto right foot, close left to right

Beginners

29-32 Four pigeon toes (out, in, out, in)

Intermediate

&29&30&31&32 Swivets or fancy feet (applejacks) - left, right, left, right

For styling on applejacks, swing arms left, right, left, right

REPEAT

Optional alternative steps for 29-32 on walls 3 & 6

29-30 Step right out to right (swing right arm to right), step left to left (swing left arm to left)
31-32 Bring right foot to center (bring right arm across body), bring left foot next to right (bring left arm across body - as though you are giving yourself a hug)