

Adult Education

拍数: 32 墙数: 4 级数: Improver
编舞者: Shin-ichiro Baba (JP)
音乐: Adult Education (Promotional 12-Inch) - Hall & Oates



KICK, STEP BACK, TOUCH, LEFT SHUFFLE FORWARD, V-STEPS, COASTER STEP

1& Kick right forward, step right behind left
2 Touch left foot slightly forward (3rd position)
3&4 Step left forward, step right beside left, step left forward
5-6 Step right diagonally forward right, step left diagonally forward left
7&8 Step right back, step left beside right, step right forward

¼ TURN SIDE ROCK, CROSS, LEFT ¾ TURN, BACK ROCK, STEP, SKATES

1&2 Turn ¼ right rock left to left side, recover onto right, cross left over right
3 Make ¼ turn left stepping back onto right
& Make ¼ turn left stepping left forward
4 Make ¼ turn left stepping right to right side
5& Cross rock left behind right, recover onto right
6 Step left diagonally forward left
7-8 Skate right diagonally forward, skate left diagonally forward

During 4th and 7th wall, restart dance from beginning at this point (replacing count 8 above with "step left forward")

ROCK ½ TURN, ¼ TURN POINT, ¼ TURN TOGETHER, TOE TOUCHES, SIDE TOUCH, RIGHT ¼ TWIST

1& Rock right forward, recover onto left
2 Turn ½ right stepping right forward
3 Turn ¼ right pointing left to left side
4 Make ¼ turn right and step left next to right
5& Touch right toe forward, step right beside left
6& Touch left toe forward, step left beside right
7 Touch right toe to right side
8 Keeping weight on left foot, swivel heels left making ¼ turn right

COASTER STEP, LEFT SHUFFLE FORWARD, MAMBO FORWARD, MAMBO BACK

1&2 Step back on right, step left beside right, step right forward
3&4 Step left forward, step right beside left, step left forward
5&6 Mambo forward stepping forward on right, step left in place, step right beside left
7&8 Mambo back stepping back on left, step right in place, step left beside right

REPEAT

TAG

Danced at end of 9th wall

STEP ½ PIVOT LEFT, STEP ½ PIVOT LEFT

1-2 Step right forward, pivot ½ turn left
3-4 Step right forward, pivot ½ turn left