

拍数: 40 墙数: 4 级数: Intermediate

编舞者: High-Spirited Couple (DE)

音乐: Africa - Toto



# ROCK STEP, CROSS, STEP, CROSS, ROCK STEP, CROSS, ½ TURN, ¼ TURN

1-2	Rock side o	n riaht. we	eight back on l	eft

3&4 Cross right in front of left, step left to left side, cross right behind left

5-6 Rock side on left, weight back on right

7&8 Cross left in front of right, ½ turn left step right back, ¼ turn left step left forward

# ROCK STEP, STEP TOUCH, STEP TOUCH, ROCK STEP, POINT, FULL TURN

1-2 Rock forward on right, weight back on left

Step right back, touch left toe in front of right pop left knee inside
Step left back, touch right toe in front of left pop right knee inside
Rock back on right, weight back on left, touch right to right side

&7-8 Step right next to left, ½ turn left step left back, ½ turn left step right forward

#### CROSS OUT OUT, CROSS POINT, CROSS POINT, SAILOR STEP

1&2 Cross right in front of left, step right back slightly to right side, step left slightly to left side
3-4-5-6 Step right behind left, touch left to left side, step left behind right, touch right to right side
7&8 Cross right behind left, step left slightly to left side, step right slightly to right side

### CROSS, 1/4 TURN, 1/2 TURN, ROCK STEP, STEP TOUCH, STEP TOUCH

1&2 Cross left behind right, ¼ turn right step right forward, ½ turn right step left back

3-4 Rock back on right, weight back on left

5-6 Step right forward slightly to right, touch left behind right
7-8 Step left back slightly to left, touch right in front of left

# STEP TOUCH, STEP TOUCH, ½ TURN, ¾ TURN, STEP LOCK STEP

&1 Step right next to left, touch left in front of right

2-3-4 Step left forward slightly to left, touch right behind left, ½ turn right

5-6 Cross left in front of right, 3/4 turn right

7&8 Step left forward, cross right behind left, step right forward

#### REPEAT