

Agadoo!

COPPER KNOB
STEPPERS

拍数: 0 墙数: 0 级数:
编舞者: Chen Kuo-Wei (SG)
音乐: Agadoo - The Coconuts



Sequence: A, B, C, A, A, C, B, A, B, C, A, A, C, B, A, A, C, A, A
Dedicated to the "Cuppage Plaza Dancers"

INTRO

13-14 Step on left foot, slap left buttock with left hand
15-16 Step on right foot, slap right buttock with right hand

PART A

PUNCH WITH HANDS, PUSH, SHAKE, GRIND COFFEE, POINT LEFT, RIGHT

1-3 Clench your fists and "punch forward" 3 times left, right, left
4-5 Body slightly bent, open both palms and "push" the "pineapple" 2 times
6-8 Both hands come together to hold and shake the tree 3 times

9-13 Repeat counts 1-5
14-16 Roll both arms in front of chest "grind coffee", body still crouched

17-18 Stand up on right foot, dig left heel forward and raise left arm
19-20 Step on left foot, dig right heel forward and raise right arm
21-24 Bend forward, bring knees together and at same time swing and cross both arms in front 2 times

25-32 "Hula" turn left on the spot over 8 counts, arms over your head with lots of attitude
Do mirror image on additional 8 counts when required

PART B

HULA LEFT, HULA RIGHT

1-8 Step left foot to left, step right next to left, sway your hips like you would do a "hula hoop" to the left over 8 counts
9-16 Do a mirror image, now "hula hoop" to the right over 8 counts
17-32 Repeat counts 1-16
Free style on additional 2 counts when required

PART C

SAMBA FORWARD, CHANGE PLACES AND BACK

1-16 Stretch forward your left hand, touch your opposite partner's left hand, begin "sexy" samba towards each other in a circular manner (to the left) over 16 counts. You end up back in your original position

Additional 4 counts when required

For contra line dancing, form the usual grid lines, however have the rows facing each other, i.e., front row facing second row, third row facing fourth row etc.