# Aggis 'n' Cakes



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Eddie Bolton (UK)

音乐: Maggie's Pancakes - The Sporran Brothers



#### SUGARFOOT PATTERNS / HEEL SWITCH AND CLAPS TWICE

1-2	Touch left toe to right	instep, touch left hee	el to right instep

&3-4 Quickly step in place on left foot, touch right toe to left instep, touch right heel to left instep

&5 Quickly step in place on right foot, touch left heel diagonally forward left

&6 Clap hands twice

&7 Quickly step in place on left foot, touch right heel diagonally forward right

&8 Clap hands twice

## **DIAGONAL SWITCH STEPS**

&1 Quickly step right foot in place, point left toe diagonally back left &2 Quickly step left foot in place, touch right heel diagonally forward right

&3 Quickly step right foot in place, hitch left knee diagonally to left (left toe pointed down at calf

level)

&4 Feather toe at calf level to front and back of calf, kick left foot to left diagonal

Option: kick left foot diagonally forward twice (just for us Ssassenachs)

&5-8 Repeat counts &1-&4 again to right

Counts &4 &8 are done very quickly, you have 3 movements to do to 2 counts!

#### POLKA RUN / ROCK STEP / HIGHLAND FLING

&1&2 With small hop on left foot, shuffle forward on right-left-right

3-4 Step left to left side, rock weight onto right foot

5&6 Kick left foot forward, step left in place, kick right foot diagonally forward

7-8 Cross right foot over left, unwind ¾ turn left

### 1/2 LEFT TURNING SHUFFLE / BACK SHUFFLE / 1/2 RIGHT TURNING SHUFFLE / STEP 1/2 TURN

1&2 Shuffle forward on right-left-right making a ½ turn left

3&4 Shuffle back on left-right-left

5&6 Making a ½ turn right shuffle forward on right-left-right

7-8 Step forward on left, pivot ½ turn right (end with weight on right)

#### **REPEAT**

The choreographer wishes to dedicate this dance to Mary & Gordon Christie, who not only asked him to do the dance but coached him in some of the steps.