Ah-Ah Ah

拍数: 32

级数: Intermediate

编舞者: Guyton Mundy (USA)

音乐: Bananza (Belly Dancer) - Akon

WALK, ROCK RECOVER, FULL TURN, WALK BACKS, FULL TURN TRIPLE

- 1-2& Walk forward on right, rock forward on left, recover on right
- 3-4 Make a half turn to the left stepping forward on left, make half turn to the left stepping back on right
- 5&6 Step back left, step back on right, step back on left
- 7&8 In place make 1/3 of a turn to the right stepping on right, lock left behind making a 1/3 of a turn to the right, step forward on right finishing a full turn to the right

ANGLE ROCK RECOVER, CROSS AND CROSS, ¼ TURN STEP, SIDE STEP, FULL TURN TRIPLE

- 1-2 Rock forward at an angle to the left on the left, recover on right
- 3&4 Cross left over right, step right to right, cross left over right
- 5-6 Step forward on right making a 14 turn to the right, step left to left side
- 7&8 Make a full turn in place to your right stepping right, left, right

CROSS ROCK, RECOVER, SIDE SHUFFLE, ROCK BEHIND, RECOVER, SIDE SHUFFLE

- 1-2 Cross rock left over right, recover on left
- 3&4 Step left to left, bring right to left, step left to left side
- 5-6 Rock right behind left, recover on left
- 7&8 Step right to right, bring left to right, step right to right

CROSS STEP, STEP BACK, FULL TURN, STEP BACK, COASTER, TRIPLE STEP

- 1-2 Cross left over right, step back on right
- &3-4 Making a ½ turn to the left step forward on left, making a ½ turn to the left step back on right, step back on left
- 5&6 Step back on right, step together with left, step forward on right
- 7&8 Step forward on left, step forward on right, step forward on left

REPEAT





墙数:4