

Ain't Fooling Nobody

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: John "Growler" Rowell (UK)
音乐: You Ain't Foolin' Nobody - Vince Gill



TOE-HEEL-CROSS, ¼ TURN SWIVEL, MAMBO CROSS, ½ TURN SWIVEL

- 1& Touch right toe to left instep, touch right heel to left instep
- 2 Step right over front of left
- 3 Swivel both heels quarter turn to right
- & Swivel both heels quarter turn to left
- 4 Swivel both heels quarter turn to right
- 5&6 Rock left to left, recover right, cross left over front of right
- 7 Swivel both heels quarter turn to left
- & Swivel both heels quarter turn to right
- 8 Swivel both heels half turn to left

RIGHT COASTER, FULL TURN, STEP-LOCK-STEP, ROCK-RECOVER

- 1&2 Step back right, step left next to right, step forward right
- 3 Pivot half right on ball of right stepping back left
- 4 Pivot half right on ball of left stepping forward right
- Alternative 3,4: step forward left, lock right behind left**
- 5&6 Step forward left, lock right behind left, step forward left
- 7-8 Rock forward right, recover left

1 ½ TURN, ROCK-STEP, LOCK-STEP-HEEL, &-STEP-LOCK-STEP

- 1 Pivot half turn to the right on ball of left stepping forward right
- & Pivot half turn to the right on ball of right stepping back left
- 2 Pivot half turn to the right on ball of left stepping forward right
- Alternative 1&2: half turn shuffle right, left, right (to the right)**
- 3-4 Rock forward left, long step back on right
- 5&6 Lock left over front of right, step back right, tap left heel forward
- &7 Step left next to right, step forward right
- &8 Lock left behind right, step forward right

TAP-FORWARD, SIDE, SAILOR ½ TURN, RIGHT, TAP, SIDE-BEHIND-SIDE

- 1-2 Tap left toe forward, tap left toe to left
- 3& Cross left behind right, step right quarter turn left
- 4 Step left quarter turn left
- 5-6 Step right to right, tap left behind right
- 7&8 Step left to left, cross right behind left, step left to left

REPEAT