Operator 4-1-1

拍数: 64

级数: High Beginner

编舞者: Michele Burton (USA) - May 2007

音乐: Operator - Scooter Lee : (CD: Go to the Rock)

To purchase the CDs go to: www.scooterlee.com

INTRO: 44 seconds Begin dance on the word Operator (which is after heaaaa "von 6,7,8")

[1 – 8] WALK WALK WALK KICK, BACK BACK, COASTER STEP

- 1 4Step R forward; Step L forward; Step R forward; Kick L foot low to floor or touch toes forward
- 5 6Step L back; Step R back
- 7 & 8 Step L back; Step R beside left; Step L forward

[9 – 16] CREPEAT COUNTS 1 - 8

[17-24]□STEP TOGETHER, HEEL DROP HEEL TWICE, STEP TOGETHER, HEEL DROP TWICE

- 1 2Step R to right diagonal; Step L beside R
- &3 &4 Slightly lift both heels; Drop both heels; Slightly lift both heels; Drop both heels[](wt. right)
- 5 6Step to forward left diagonal on left foot; Step right beside left
- &7 &8 Slightly lift both heels; Drop both heels; Slightly lift both heels; Drop both heels (wt. left)

[25–32] STEP TOUCH 4 TIMES (zig zag back)

- 1 2Step R to back right diagonal; Touch L beside R and clap near right shoulder
- 3 4Step L to back left diagonal; Touch R beside L and clap near left shoulder
- 5 6Step R to back right diagonal; Touch L beside R and clap near right hip
- 7 8Step L back to left diagonal; Touch R beside L and clap near left hip

[33-40]□SHUFFLE AND ROCK STEP, ¼ TURN SHUFFLE, ROCK STEP

- 1&2 Step R to right; Step L beside right, Step R to right;
- 3 4Step L back; Return weight to R foot
- 5&6 Turn ¼ right, stepping L to left; Step R beside L; Step L to left
- 7 8 Step R back; Return weight to L

[41–48]□VINE RIGHT, KICK BALL CHANGE, KICK BALL CHANGE

- 1 4Step R to right; Step L behind R; Step R to right; Touch L beside R
- 5&6 Kick L forward; Step L ball (of foot) back; Step R in place
- 7 & 8 Kick L forward; Step L ball (of foot) back; Step R in place

(easy option to kick ball changes: Touch L heel forward; Step L beside R; Touch R heel forward, Step R beside L)

[49–56]□VINE LEFT, KICK BALL CHANGE, KICK BALL CHANGE

- 1 4 Step L to left; Step R behind L; Step L to left; Touch R beside L
- 5&6 Kick R forward; Step R ball (of foot) back; Step L in place
- 7 & 8 Kick R forward; Step R ball (of foot) back; Step L in place

(easy option to kick ball changes: Touch R heel forward; Step R beside L; Touch L heel forward, Step L beside R)

[57-64] JAZZ BOX ¼ TURN, JAZZ BOX

- 1 4Step R over L; Step L back; Turn ¼ right, stepping R to right; Step L forward
- 5 8 Step R over L; Step L back; Step R to right; Step L forward

LET'S DANCE IT AGAIN & AGAIN



墙数: 2

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