Vaiven Cha

拍数: 64

级数: Intermediate

编舞者: Agoston Connor (UK) - July 2007

音乐: Vaiven - Chayanne : (CD: Sincero)

STEP, CROSS ROCK, SIDE ROCK, CROSS ROCK, ¼ TURN, PIVOT ½ TURN, FORWARD SHUFFLE

- 1, 2&3& Step R forward diagonally right, cross rock L over R, recover on R, rock L to side, recover on R
- 4&5 Cross rock L over R, recover on R, turn ¼ left stepping L forward
- 6-7 Step R forward, pivot turn ½ left stepping L in place
- 8&1 Forward shuffle on R-L-R [3 o?clock]

FULL TURN, STEP, ¾ TURN, STEP, BEHIND, ¼ TURN, FORWARD SHUFFLE

- 2-3 Turn $\frac{1}{2}$ right stepping back on L, turn $\frac{1}{2}$ right stepping forward on R
- 4&5 Step L forward, pivot turn ³⁄₄ right stepping R in place, step L to side
- 6-7 Cross R behind L, turn ¼ left stepping L forward
- 8&1 Forward shuffle on R-L-R [9 o?clock]

FORWARD SHUFFLE, FORWARD SHUFFLE, CROSS ROCK, RECOVER, SAILOR

- 2&3 Forward shuffle on L-R-L
- 4&5 Forward shuffle on R-L-R
- 6-7 Cross rock L over R, recover on R
- 8&1 Cross L behind R, step R beside L, step L to side

BACK ROCK, RECOVER, FRONT SAILOR, JAZZ BOX ¼ TURN

- 2-3 Cross rock R behind L, recover on L
- 4&5 Cross R over L, step L beside R, step R to side
- 6-7-8*** Cross L over R, Step back on R, turn ¼ left stepping L forward [6 o?clock]

LOCK STEPS, ROCK FORWARD, RECOVER, SHUFFLE ½ TURN

- 1-2 Step R forward, lock L behind R
- 3&4&5 Step R forward, lock L behind R, Step R forward, lock L behind R, step R forward
- 6-7 Rock L forward, recover on R
- 8&1 Shuffle turn ½ left on L-R-L [12 o?clock]

CROSS ROCK STEP, CROSS ROCK STEP, CROSS ROCK, RECOVER, 1¼ TURN

- 2&3 Cross rock R over L, recover on L, step R to side
- 4&5 Cross rock L over R, recover on R, step L to side
- 6-7 Cross rock R over L, recover on L
- 8&1Turn ¼ right stepping R forward, turn ½ right stepping L back, turn ½ right stepping R forward
[3 o?clock]

ROCK FORWARD, RECOVER, BACK LOCK SHUFFLES

- 2-3 Rock L forward, recover on R
- 4&5 Lock step back on L-R-L
- 6&7 Lock step back on R-L-R
- 8&1 Lock step back on L-R-L

BACK MAMBO, STEP PIVOT FULL TURN STEP, STEP BACK, SLIDE, TOUCH

- 2&3 Rock R back, recover on L, step R forward
- 4&5 Step L forward, pivot turn ½ right stepping R in place, turn ½ right stepping L beside R

6-7-8 Step R behind L heel, slide L large step diagonally left forward, touch R beside L [3 o?clock]

(Hand styling: On count 6, place right hand between chests with palm facing right. Move it up rotating palm anti-clockwise on 7, and stretch it to right side above shoulder level on count 8.)





墙数:4

***TWO RESTARTS: On 3rd and 6th wall, restart the dance AFTER 32 counts, facing FRONT wall. EMail