This Woman Needs



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音乐: This Woman Needs - SHeDAISY: (Album: The Whole Shebang)



Introduction: 24 Beats

SIDE, SLOW DRAG, SIDE, SLOW DRAG

1, 2, 3 STEP L TO THE SIDE, SLOW DRAG TO TOUCH R TOE TOGETHER, 4, 5, 6 STEP R TO THE SIDE, SLOW DRAG TO TOUCH L TOE TOGETHER.

FORWARD, FULL TURN, FORWARD, FULL TURN

1, 2, 3 STEP L FORWARD, SLOW SWEEP R TURNING 360 DEGREES LEFT, 4, 5, 6 STEP R FORWARD, SLOW SWEEP L TURNING 360 DEGREES RIGHT.

WALTZ FORWARD, BACK, ½ TURN, TOGETHER

1, 2, 3 WALTZ: STEP L FORWARD, STEP R TOGETHER, STEP L TOGETHER,

4 STEP R BACK,

5, 6 TURN 180 DEGREES LEFT STEP L FORWARD, STEP R TOGETHER.

FORWARD, PIVOT TURN, FORWARD, SLOW DRAG

1 STEP L FORWARD,

2, 3 STEP R FORWARD, TURN 180 DEGREES LEFT TAKE WEIGHT ONTO L, 4, 5, 6 ## STEP R FORWARD, SLOW DRAG TO TOUCH L TOE TOGETHER,

SIDE, BEHIND, ACROSS, SIDE, BEHIND, 1/4 TURN

1 STEP L TO THE SIDE,

2, 3 STEP R BEHIND LEFT, STEP L ACROSS IN FRONT OF RIGHT,

4 STEP R TO THE SIDE,

5, 6 STEP L BEHIND RIGHT, TURN 90 DEGREES RIGHT STEP R FORWARD.

PIVOT TURN, FORWARD, ½ TURN, ½ TURN, FORWARD

1, 2 STEP L FORWARD, TURN 180 DEGREES RIGHT TAKE WEIGHT ONTO R,

3 STEP L FORWARD.

4 TURN 180 DEGREES LEFT STEP R BACK,

5, 6 TURN 180 DEGREES LEFT STEP L FORWARD, STEP R FORWARD.

SIDE, ROCK, FORWARD, SIDE, ROCK, FORWARD

1, 2, 3 STEP L TO THE SIDE, SIDE ROCK ONTO R, STEP L FORWARD, 4, 5, 6 STEP R TO THE SIDE, SIDE ROCK ONTO L, STEP R FORWARD.

PIVOT TURN, 1/4 TURN, BEHIND, SIDE, ACROSS

1, 2 STEP L FORWARD, TURN 180 DEGREES RIGHT TAKE WEIGHT ONTO R,

3 TURN 90 DEGREES RIGHT STEP L TO THE SIDE,

4, 5 STEP R BEHIND LEFT, STEP L TO THE SIDE,

6 ** STEP R ACROSS IN FRONT OF LEFT.

REPEAT THE DANCE IN NEW DIRECTION

TAG: At the END of WALL 2 (**) add the following tag facing the FRONT.

1, 2, 3 HOLD, HOLD, HOLD.

RESTART: On WALL 5 dance until BEAT 24 (##)

1, 2, 3 THEN HOLD FOR THREE BEATS AND RESTART FACING THE FRONT.

Website

