

Dance Like Fred Astaire

COPPER KNOB
STEPSHEETS

拍数: 68 墙数: 1 级数: Improver
编舞者: Sandra Balestracci (USA) - August 2007
音乐: If I Could Dance Like Fred Astaire - Ron Zack & Robin Cottrell



Begin on 4th piano note of instrumental part of intro to song, "Dance Like Fred Astaire."

Or Music: Monkey Around by Travis Tritt [108 bpm ECS / My Honky Tonk History]
 Pencil Thin Mustache by Jimmy Buffett [CD: Best Of Toe The Line]

SIDE TOGETHER TO RIGHT AND LEFT FOR 7 COUNTS & TOUCH

1-2 Step right to side, step left together
3-6 Repeat 1-2 two more times
7-8 Step right to side, touch left together

1-2 Step left to side, step right together
3-6 Repeat 1-2 two more times
7-8 Step left to side, touch right together

ROCKING CHAIR WITH RIGHT FOOT FOR 8 COUNTS

1-4 Rock right forward, recover to left, rock right back, recover to left
5-8 Rock right forward, recover to left, rock right back, recover to left

SHUFFLE FORWARD & ½ TURN TO RIGHT, SHUFFLE FORWARD & ½ TURN TO LEFT

1&2-3-4 Shuffle forward right, left, right, step left forward, turn ½ right (weight to right)
5&6-7-8 Shuffle forward left, right, left, step right forward, turn ½ left (weight to left)

ROCK & ROCK & CHA-CHA-CHA WITH SHOULDER ATTITUDE

1&2& Cross/rock right over left, recover to left, cross/rock right over left, recover to left
3&4 Triple in place right, left, right
5&6& Cross/rock left over right, recover to right, cross/rock left over right, recover to right
7&8 Triple in place left, right, left

SAILOR STEPS, RIGHT & LEFT WITH ATTITUDE

1&2 Cross right behind left, step left to side, step right to side
3&4 Cross right behind left, step left to side, step right to side

TOUCH FRONT, SIDE, CHA-CHA-CHA

1-2-3&4 Touch right forward, touch right to side, triple in place right, left, right
5-6-7&8 Touch left forward, touch left to side, triple in place left, right, left

SIDE TOGETHER SIDE (½ TURN RIGHT) SIDE TOGETHER SIDE

With shoulder attitude with hands down below waist & palms down

1-2-3-4 Step right to side, step left together, step right to side, brush left forward
5-6-7-8 Turn ½ right and step left to side, step right together, step left to side, brush right forward

½ TURN LEFT & SHUFFLE FORWARD TWICE & ½ TURN LEFT

1-2-3&4 Turn ¼ left and step right forward, turn ½ left (weight to left), shuffle forward right, left, right
5&6 Shuffle forward left, right, left
7-8 Step right forward, turn ½ left (weight to left)

REPEAT

RESTART: If using "If I Could Dance Like Fred Astaire" by Ron Zack And Robin Cottrell, after the words, "I'd sweep you off the staircase in the dark, or stroll beside you in the park," do the counts 33-48, then start the dance from the beginning.

