

Everybody's Free

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Debbie Pugh (UK) & Steve Rutter (UK) - August 2007
音乐: Sound of Freedom (feat. Gary Pine & DollaMan) (Radio Edit) - Bob Sinclar & Cutee B.



56 Count Intro?

Choreographers Note: Note that it is the Radio Edit you need lasting 3:20 approx, as opposed to the Album version which lasts 4:59 approx.

- Section 1 Kick-Ball-Step Back, Knee Pop, Hold, Cross Behind, Unwind $\frac{3}{4}$ Turn Right, Side Step, Drag.**
1&2 Kick right forward, Jump slightly back on right, left (feet shoulder width apart).
3-4 Pop right knee in towards left, hold.
5-6 Cross right behind left, unwind a three-quarter turn right (weight ending on right).
7-8 Step left large step to left side, drag right up towards left (no weight).
- Section 2 Ball-Cross, Toe Touch, Hitch, Toe Touch, Hold, Hitch With $\frac{1}{2}$ Turn Left, Toe Touch, Hold, Step Forward, Heel Swivel.**
&1 Step weight down onto right, cross left over right.
2&3 Touch right toe to right side, hitch right knee up in front of left (knee will point towards left corner), Touch right toe to right side.
4 Hold.
&5 Hitch right knee making a half turn left, touch right toe to right side.
6 Hold.
7&8 Step right in front of left (not crossed over but directly in front), swivel both heels outwards, swivel both heels back to centre. (Weight stays on left).
- Section 3 Side Rock, Sailor Step With $\frac{1}{4}$ Turn Right, $\frac{1}{4}$ Turn, Drag, Ball-Cross, Side Step.**
1-2 Rock right to right side, recover weight onto left.
3&4 Cross right behind left, make a quarter turn right stepping left beside right, step right beside left.
5-6 Make a quarter turn right stepping left to left side, drag right next to left (weight remains on left).
&7 Step weight down onto right, cross left over right.
8 Step right to right side.
- Section 4 Back Rock, Shuffle $\frac{1}{2}$ Turn Right, Back Rock, Kick-Ball-Step.**
1-2 Rock back on left, recover weight forward on to right.
3&4 Make a half turn right stepping on left, right, left.
5-6 Rock back on right, recover weight forward onto left.
7&8 Kick right foot forward, step right beside left, step left forward.
- Section 5 Forward Rock, Ball-Cross, Unwind $\frac{1}{2}$ Turn Right, Forward Rock, Shuffle $\frac{3}{4}$ Turn Left.**
1-2 Rock forward on right, recover weight back onto left.
&3 Step back on right, cross left over right.
4 Unwind a half turn right (weight on right).
5-6 Rock forward on left, recover weight back onto right.
7&8 Make a three-quarter turn left stepping on left, right, left.
- Section 6 Stomp, Hold, Mashed Potato Steps, Kick-Ball-Touch, Twist $\frac{1}{4}$ Turn Left.**
1-2 Stomp right forward, hold.
&3 Split heels apart, bring heels in towards each other and at same time bring right foot slightly behind left.
&4 Split heels apart, bring heels in towards each other and at same time bring left foot slightly behind right (weight on left).
5&6 Kick right foot forward, close right beside left, touch left toe out to left side.

7&8 Twist heels right, twist heels back to centre, twist heels right making a quarter turn left (Left toe will now be pointing forward).

Section 7 Kick, Flick, Cross Shuffle. Side Rock, Chasse Right.

1-2 Kick left forward, flick left out to left side.

3&4 Cross left over right, step right to right side, cross left over right.

5-6 Rock right to right side, recover weight onto left.

7&8 Step right to right side, close left beside right, step right to right side.

Section 8 Cross Behind, Toe Touch, Kick-Ball Touch, Kick, Flick, Syncopated Jazz Box.

1-2 Cross left behind right, touch right toe to right side.

3&4 Kick right forward, step right beside left, touch left toe to left side.

5-6 Kick left forward, flick left out to left side.

7&8 Cross left over right, step back on right, step left to left side.

Begin Again.
