# Ooh Miss Grace



编舞者: Alan Haywood (UK) - July 2007

音乐: Ms. Grace - The Tymes: (Album: The Tymes Greatest Hits)



### Intro: 24 counts from 1st drum beat (total 40 seconds)

Or Music: "Restless" by Shelby Lynne from the Linedance Fever 16 ? 143bpm

"Let Your Love Flow" by The Bellamy Brothers from various albums? 115bpm

"Long Trail of Tears" by George Ducas from Most Awesome 10 album ? 113bpm Or. as

always, your favourite tune will almost be guaranteed to fit this dance!

Section 1	R side, hold, & side rock recover, R behind, ¼ L, walk R L
1-2	Step right to right side, hold for 1 count
&3-4	Step left next to right, rock right to right side, recover weight onto left
5-6	Cross step right behind left, step left 1/4 left

7-8 Walk forward right, left

Section 2	R forward 1	6 I	R forward shuffle	rock recover	l coaster
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1-2 Step forward onto right, pivot ½ turn left

3&4 Step forward onto right, close left next to right, step forward onto right

5-6 Rock forward onto left, recover weight back onto right

7&8 Step back onto left, step right next to left, step forward onto left

# Section 3 R jazz box, ¼ monterey R, R jazz box, ¼ monterey R

1-2 Cross step right over left, step back onto left3-4 Step right to right side, step forward onto left

5-6 Point right to right side, ¼ turn right stepping onto right

7-8 Point left to left side, step left next to right

# Section 4 Rock forward R, recover L, R back shuffle, rock back L, recover R, ¼ R, touch R

1-2 Rock forward onto right, recover weight back onto left

3&4 Step back onto right, close left next to right, step back onto right

5-6 Rock back onto left, recover weight forward onto right

7-8 Making a ¼ turn right step left to left side, touch right next to left

### **END OF DANCE? ENJOY AND SING ALONG!!!!**

EMail / Website